

Date: 19th January-2025

QISQA SHE'R VA ERTAKLARNI YOD OLISHNING AHAMIYATI VA USULLARI

Shukurova Madina Uktamovna
Osiyo xalqaro universiteti o'qituvchisi

Anotatsiya: Bu maqolada qisqa she'r va ertaklarni yod olishning foydalari, yodlash jarayonida foydalaniladigan samarali metodlar va ularning kishilarni rivojlantirishdagi roli haqida so'z boradi. Maqola, yod olishni osonlashtirish uchun tavsiya etiladigan texnikalar va shaxsiy rivojlanishdagi muhim o'rni haqida ham ma'lumot beradi. Qisqa she'rlar va ertaklar, nafaqat bolalar, balki kattalar uchun ham samarali xotira va til rivojlanishi uchun muhim vosita hisoblanadi.

Kalit so'zlar: Yod olish, qisqa she'rlar, ertaklar, xotira rivoji, til rivoji, samarali metodlar, bolalar tarbiyasi, yoshlarni rivojlantirish.

Kirish:

Qisqa she'rlar va ertaklar yod olish har bir insonning xotira va til rivojlanishiga katta ta'sir ko'rsatadi. She'r va ertaklarni yodlash, nafaqat ma'naviy dunyoqarashni kengaytirish, balki til va xotira ko'nikmalarini oshirishda ham samarali vosita hisoblanadi. Bolalikdan boshlab ertaklar va she'rlar orqali o'rgatish, shaxsiy rivojlanishga hamda qiziqishlar va tasavvurni kengaytirishga yordam beradi. Bu maqolada qisqa she'r va ertaklarni yod olishning foydalari, usullari va uning odamlar hayotidagi o'rni haqida so'z yuritiladi.

Asosiy qism:

Yod olishning foydalari:

1. **Xotira rivoji:** Qisqa she'rlar va ertaklarni yodlash, xotira va diqqatni rivojlantirishga yordam beradi. Bu jarayon, ayniqsa, bolalarda qisqa muddatli xotira va uzun muddatli xotira o'rtasidagi bog'lanishni mustahkamlashda samarali.

2. **Til rivoji:** She'rlar va ertaklar ko'pincha o'zida turli xil so'z boyliklarini va grammatik tuzilmalarning keng doirasini o'z ichiga oladi. Ularni yodlash tilni tez va samarali rivojlantiradi. Bolalar yangi so'zlarni o'rganish bilan birga, ularning talaffuzini ham to'g'ri o'rganadilar.

3. **Ma'naviy rivojlanish:** Ertaklar va she'rlar ko'pincha ma'naviy hikmatlarni va ahloki saboqlarni o'z ichiga oladi. Yodlangan she'r va ertaklar kishilarga hayotdagi to'g'ri qarorlar qabul qilishga, o'zgarishlarga moslashishga va ahloki qiymatlarni anglashga yordam beradi.

4. **Tasavvur va ijodkorlikni oshirish:** Ertaklar va she'rlar tasavvur olamiga kirib, bolalarni ijodiy fikrlashga undaydi. Yodlash jarayonida bolalar va kattalar yangi dunyolarni tasavvur qilishni o'rganadilar.

Yodlashning samarali metodlari:



Date: 19th January-2025

1. **Qism-qism yodlash:** Yodlashni kichik qismlarga ajratish, murakkab she'rlar va ertaklarni yodlashda samarali usul hisoblanadi. Har bir qismni yodlab, so'ngra ularni birlashtirish jarayoni osonroq bo'ladi.

2. **Takrorlash:** Yodlash jarayonida takrorlash juda muhim. Har bir yodlangan so'z yoki jumlaning bir necha marta takrorlash, uning uzoq muddatli xotiraga o'tishiga yordam beradi.

3. **Tasavvur qilish:** She'r va ertaklarni yodlashda tasavvur qilish muhim ahamiyatga ega. Har bir qatorni yoki voqeani tasavvur qilib, uning vizual tasvirini yaratish, yodlashni osonlashtiradi.

4. **Qiyin so'zlarni o'rganish:** Yodlash jarayonida qiyin yoki yangi so'zlarni alohida o'rganish, so'ngra ularni umumiy matn ichiga qo'shish tavsiya etiladi. Bu usul, nafaqat yodlashni, balki yangi so'zlar bilan tanishishni ham ta'minlaydi.

5. **Vaqtning boshqarish:** Yodlash jarayonini rejalashtirish va vaqtning boshqarish, samarali natijalar olish uchun zarur. Yodlashni qisqa muddatli seanslarga bo'lish, charchoqni oldini olish va samarali natijalar olishda yordam beradi.

Qisqa she'r va ertaklarni yodlashda qatnashgan yoshlar:

1. **Bolalar:** Bolalar uchun qisqa she'rlar va ertaklar yodlash ularning xotira va til rivojlanishiga katta ta'sir ko'rsatadi. Bolalar uchun she'r va ertaklar, ularning ijtimoiy, ahloki va intellektual rivojlanishiga yordam beradi. Yodlash jarayonida bolalar yangi dunyoqarashni, qadriyatlarni o'rganadilar va tasavvurlarini kengaytiradilar.

2. **Yoshlar:** Yoshlar uchun qisqa she'rlar va ertaklar, adabiy dunyoqarashni shakllantirishda va til boyligini oshirishda muhim ahamiyatga ega. Yoshlar she'rlar va ertaklar orqali ma'naviy va axloqiy saboqlarni o'rganishadi, bu esa ularning dunyoqarashini va qarashlarini shakllantiradi.

Xulosa:

Qisqa she'rlar va ertaklarni yod olish, nafaqat xotira rivoji va til ko'nikmalarini oshirish, balki ma'naviy, axloqiy rivojlanishning ham muhim vositasidir. Yodlash jarayonida samarali metodlar va texnikalarni qo'llash, bu jarayonni osonlashtiradi va uning samaradorligini oshiradi. Yod olishning ijtimoiy, ma'naviy va intellektual jihatlari bo'yicha olib borilgan tadqiqotlar, qisqa she'r va ertaklarni yodlashning hayotdagi ahamiyatini yana bir bor tasdiqlaydi. Bu jarayon yoshlarni nafaqat ilm-fan, balki madaniyat va ijtimoiy hayotda ham rivojlantiradi.

FOYDALANILGAN ADABIYOTLAR:

1. O'ktam qizi Buxoro, S. M. (2022). BOLANING NUTQINI RIVOJLANTIRUVCHI O'YINLAR. *PEDAGOGS jurnali*, 1(1), 484-486.
2. O'ktam qizi Shukurova, M. (2023). Speech grow up in training using interactive methods. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 357-360.
3. Oktam's, S. M. (2023). Methods and Tools of Speech Development of Small Group Children in Preschool Education Organization. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(9), 104-108.



Date: 19th January-2025

4. O'ktam qizi Shukurova, M. (2023). The importance of genres of folklore in the education of preschool children. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 1(5), 96-99.
5. Shukurova, M. (2023). METHODS AND METHODS OF INCREASING CHILDREN'S SPEECH IN A PRESCHOOL ORGANIZATION. *Modern Science and Research*, 2(10), 477-480.
6. Shukurova, M. O. K. (2024). Growing children's speech in the process of introducing them to the environment and nature. *Multidisciplinary Journal of Science and Technology*, 4(3), 130-135.
7. Shukurova, M. (2024). OILADA FARZAND TARBIYASIDA OTANING ROLI. *ZAMONAVIY TARAQQIYOTDA ILM-FAN VA MADANIYATNING O'RNI*, 3(2), 162-167.
8. O'ktamovna, S. M. (2024). MAKTABGACHA TA'LIMDA TABIAT BURCHAGINI TAYYORLASH. *Multidisciplinary Journal of Science and Technology*, 4(3), 661-667.
9. O'ktamovna, S. M. (2024). EXTRACURRICULAR ACTIVITIES IN PRIMARY GRADES. *Multidisciplinary Journal of Science and Technology*, 4(3), 654-660.
10. O'ktamovna, S. M. (2024). PREPARATION OF THE NATURE CORNER IN PRESCHOOL EDUCATION. *Multidisciplinary Journal of Science and Technology*, 4(3), 675-681.
11. O'ktamovna, S. M. (2024). BOLALAR NUTQINING TOVUSH MADANIYATINI SHAKLLANTIRISH. *PEDAGOG*, 7(5), 48-55.
12. O'ktamovna, S. M. (2024). BOLALARNING IJTIMOY-EMOTSIONAL RIVOJLANISHINI QO'LLAB-QUVVATLASH USULLARI. *Methods of applying innovative and digital technologies in the educational system*, 1(2), 223-228.
13. O'ktamovna, S. M. (2024). BOLALARDA INDIVIDUAL RIVOJLANISHNING NEVROLOGIK ASOSLARI. *Methods of applying innovative and digital technologies in the educational system*, 1(2), 211-216.
14. O'ktamovna, S. M. (2024). BOLALARDA HISSIY-INTELLEKTUAL RIVOJLANISH VA UNING TA'LIM JARAYONIGA TA'SIRI. *Methods of applying innovative and digital technologies in the educational system*, 1(2), 205-210.
15. O'ktamovna, S. M. (2024). BOLALARDA NUTQ RIVOJLANISHI: NAZARIYA VA AMALIY YONDASHUVLAR. *Methods of applying innovative and digital technologies in the educational system*, 1(2), 217-222.
16. Shukurova, M., & Hoshimova, M. (2024). SAHNALASHTIRISH FAOLIYATI VOSITASIDA BOLALARNING IJTIMOY MOSLASHUVINI YO'LGA QO'YISH. *Modern Science and Research*, 3(11), 547-550.
17. Shukurova, M., & Artikova, N. (2024). TARBIYACHI NUTQI UCHUN ZARUR BO'LGAN PEDAGOGIK TALABLARNING AHAMIYATI. *Modern Science and Research*, 3(11), 530-533.
18. Шукурова, М. У. (2024). ПОДГОТОВКА УГОЛОКА ПРИРОДЫ В ДОШКОЛЬНОМ ОБРАЗОВАНИИ. *Multidisciplinary Journal of Science and Technology*, 4(3), 668-674.



Date: 19th January-2025

19. SHUKUROVA, M. (2024). NEUROPEDAGOGY AS A FOUNDATION FOR INCREASING THE EFFECTIVENESS OF THE EDUCATIONAL PROCESS. *Mental Enlightenment Scientific-Methodological Journal*, 5(07), 1-8.
20. Narziyeva, S. (2023). PSYCHOLOGICAL VIEWS ON THE CHOICE OF PROFESSION. *Modern Science and Research*, 2(10), 333-336.
21. Rustamovna, N. S. (2023). UNDERSTANDING EMPATHY: AN ESSENTIAL COMPONENT OF HUMAN CONNECTION. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 378-382.
22. Rustamovna, N. S. (2023). DEVELOPING EMPATHY IN STUDENTS. *Oriental Journal of Academic and Multidisciplinary Research*, 1(3), 127-131.
23. Rustamjonovna, N. S. (2024). O 'SMIRLARDA DEVIATSIYA KO 'RINISHLARI VA VUJUDGA KELTIRUVCHI OMILLARI. *PEDAGOGIK TADQIQOTLAR JURNALI*, 2(1), 171-175.
24. Rustamjonovna, N. S. (2024). THE PROBLEM OF AGE AND GENDER DIFFERENTIATION OF DEVIANT MORALITY. *THE THEORY OF RECENT SCIENTIFIC RESEARCH IN THE FIELD OF PEDAGOGY*, 2(22), 222-224.
25. Rustamovna, N. S. (2024). O 'SPIRINLIK YOSHIDA EMPATIYANING NAMOYON BO 'LISHI VA UNING PSIXOLOGIK XUSUSIYATLARI. *PEDAGOG*, 7(5), 89-96.
26. Narziyeva, S. (2024). O 'SPIRINLIK YOSHIDA EMPATIYANING NAMOYON BO 'LISHI VA UNING PSIXOLOGIK XUSUSIYATLARI. *PEDAGOG*, 7(4), 320-327.
27. Hojiyeva Nasiba Bahodirovna. (2024). Ta'lim jarayonida boshlang'ich sinflarda texnologiya fanini o'qitish muammosining yoritilish mazmuni. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 2(1), 200-206.
28. Hojiyeva Nasiba Bahodirovna. (2024). THE SIGNIFICANCE OF EDUCATIONAL TRAINING IN PRIMARY CLASSES. *МЕДИЦИНА, ПЕДАГОГИКА И ТЕХНОЛОГИЯ: ТЕОРИЯ И ПРАКТИКА*, 2(2), 439-447.
29. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA ONA TILI O'QITISH METODIKASI FANINING METODOLOGIK VA ILMIY ASOSLARI.
30. Hojiyeva, N. (2023). METHODS OF TEACHING MOTHER TONGUE IN PRIMARY CLASSES SCIENTIFIC AND METHODOLOGICAL BASIS. *Modern Science and Research*, 2(9), 424-428.
31. Hojiyeva, N. (2023). THE SUBJECT AND TASKS OF THE METHOD OF TEACHING THE MOTHER TONGUE IN PRIMARY GRADES. *Modern Science and Research*, 2(10), 855-857.
32. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA ONA TILI O'QITISH METODIKASI FANINING PREDMETI VA VAZIFALARI.
33. Bahodirovna, H. N. (2023). TA'LIM JARAYONIDA BOSHLANG'ICH SINFLARDA TEXNOLOGIYA FANINI O 'QITISH MUAMMOSINING YORITILISH MAZMUNI. *PEDAGOGS jurnali*, 1(1), 209-209.
34. Bahodirovna, H. N. (2023). Methodological Foundations of Teaching the Science of "Education" in Primary Grades. *American Journal of Public Diplomacy and International*



Date: 19th January-2025

Studies (2993-2157), 1(9), 369-372.

35. Hojiyeva, N. B. (2023). MODERN METHOD IN TEACHING MOTHER LANGUAGE LESSONS-USING THE CACOGRAPHY METHOD. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(10), 434-439.

36. Bahodirovna, H. N. (2024). DEVELOPMENT OF FUTURE PRIMARY SCHOOL TEACHERS BASED ON EDUCATIONAL COMPETENCIES. *Multidisciplinary Journal of Science and Technology*, 4(4), 203-208.

37. Bahodirovna, H. N. (2024). AND ESSENCE OF THE EDUCATIONAL PROCESS. *Multidisciplinary Journal of Science and Technology*, 4(3), 328-333.

38. Bahodirovna, H. N. (2023). Prognosis of Placental Insufficiency in Pregnant Women Treated for Coronavirus. *Eurasian Medical Research Periodical*, 20, 228-236.

39. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA TARBIYA FANINI O'QITISHNING ASOSIY METOD VA VOSITALARI. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 1(5), 332-338.

40. Hojiyeva, N. B. (2023). INCREASING THE INTEREST OF STUDENTS IN THE PROCESS OF TEACHING TECHNOLOGY IN PRIMARY GRADES. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(10), 430-433.

41. Toymurodov, A. (2023, December). MODERN INTERPRETATION OF PSYCHODIAGNOSTICS AND PSYCHOCORRECTION OF EXTREME SITUATIONS. In *INTERNATIONAL SCIENTIFIC CONFERENCE" SCIENTIFIC ADVANCES AND INNOVATIVE APPROACHES"* (Vol. 1, No. 5, pp. 71-79).

42. Toymurodov, A. (2023). BASICS OF PROVIDING PSYCHOLOGICAL SERVICES TO MILITARY PERSONNEL. *Академические исследования в современной науке*, 2(24), 148-152.

43. Shuhratovich, T. A. (2025). PSIXOLOGIK TESTLAR TURLARI VA ULARNI QANDAY QO'LLASH. Modern digital technologies in education: problems and prospects, 2(1), 8-15.

44. Abdurahmon, T. (2025). BOLALAR PSIXOLOGIYASINI O'RGANISH ULARNING RIVOJLANISH JARAYONLARI. Modern digital technologies in education: problems and prospects, 2(1), 16-21.

45. Сайфуллаева, Н. Б. (2021). ВАЖНЫЕ АСПЕКТЫ ИСПОЛЬЗОВАНИЯ ЦИФРОВЫХ ТЕХНОЛОГИЙ В СИСТЕМЕ КЛАССНЫХ УРОКОВ. *Вестник науки и образования*, (15-3 (118)), 40-42.

46. Сайфуллаева, Н. Б. (2022). ИСПОЛЬЗОВАНИЕ ДИДАКТИЧЕСКОГО ПРОГРАММНОГО ОБЕСПЕЧЕНИЯ В ОБУЧЕНИИ МАТЕМАТИКЕ. In *НОВЫЕ ПЕДАГОГИЧЕСКИЕ ИССЛЕДОВАНИЯ* (pp. 10-12).

47. Сайфуллаева, Н. Б. (2023). РОЛЬ ЦИФРОВЫХ ТЕХНОЛОГИЙ В ОБУЧЕНИИ КОМПЬЮТЕРНЫМ НАУКАМ. *Universum: технические науки*, (4-1 (109)), 41-43.

48. Сайфуллаева, Н. Б. (2023). ВАЖНОСТЬ МАТЕМАТИКИ И ЕСТЕСТВЕННЫХ НАУК ДЛЯ УЧАЩИХСЯ НАЧАЛЬНОЙ ШКОЛЫ: Сайфуллаева Нозима Баходировна, преподаватель кафедры "Теория начального образования", Бухарский государственный университет. Город Бухара. Республика Узбекистан. Образование



Date: 19th January-2025

и инновационные исследования международный научно-методический журнал, (1), 305-307.

49. Сайфуллаева, Н. Б. (2023). Методы Организации Уроков Математики В Начальных Классах С Использованием Цифровых Технологий. *Miasto Przyszłości*, 35, 388-390.

50. Сайфуллаева, Н. Б. (2023). РОЛЬ МАТЕМАТИКИ В СОВРЕМЕННОМ МИРЕ. *PEDAGOGS journali*, 1(1), 292-292.

51. Сайфуллаева, Н. Б. (2019). Роль дидактических игр в умственном развитии учащихся в математике начального класса. In *INTERNATIONAL SCIENTIFIC REVIEW OF THE PROBLEMS OF PHILISOPHY, PSYCHOLOGY AND PEDAGOGY* (pp. 102-106).

52. Сайфуллаева, Н. Б., & Марданова, Ф. Я. (2021). НАУЧНО-МЕТОДИЧЕСКИЕ ОСНОВЫ ОРГАНИЗАЦИИ САМОСТОЯТЕЛЬНОЙ РАБОТЫ ПО ВЫСШЕЙ МАТЕМАТИКЕ. *Проблемы науки*, 84.

53. Сайфуллаева, Н. Б. (2020). Важные особенности дидактических игр в процессе обучения математике в начальных школах. In *ИННОВАЦИОННЫЕ МЕТОДЫ ОБУЧЕНИЯ И ВОСПИТАНИЯ* (pp. 60-62).

54. Сайфуллаева, Н. Б., & Мурадова, Я. М. (2020). Пути эффективного использования методов обучения математике в начальных классах. In *EUROPEAN RESEARCH* (pp. 121-123).

55. Сайфуллаева, Н. Б. (2022). Методы определения потребностей обучающихся в процессе использования облачных технологий в образовании. *Universum: технические науки*, (2-1 (95)), 57-59.

56. Сайфуллаева, Н. Б., & Саидова, Г. Э. (2019). Повышение эффективности занятий, используя интерактивные методы в начальном образовании. *Научный журнал*, (6 (40)), 101-102.

57. Bahodirovna, S. N. (2023). KINDERGARTEN, SCHOOL AND FAMILY PARTNERSHIP IN TEACHING CHILDREN IN MATHEMATICS. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 383-388.

58. Bahodirovna, S. N. (2023). FORMING CHILDREN'S IDEAS ABOUT THE SIZE OF OBJECTS AND THEIR MEASUREMENT. *Oriental Journal of Academic and Multidisciplinary Research*, 1(3), 102-107.

59. Bahodirovna, S. N. (2023). Organization Forms of the Development of Primary Mathematical Concepts in Children. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 138-143.

60. Сайфуллаева, Н. Б. (2023). ЭФФЕКТИВНОСТЬ ИСПОЛЬЗОВАНИЯ ДИДАКТИЧЕСКИХ ИГРОВЫХ ОБРАЗОВАТЕЛЬНЫХ ТЕХНОЛОГИЙ ПО МАТЕМАТИКЕ В НАЧАЛЬНЫХ КЛАССАХ. *Проблемы педагогики*, (2 (63)), 15-17.

61. Bahodirovna, S. N. (2023). FORMS OF ORGANIZATION OF MATHEMATICS TEACHING IN ELEMENTARY GRADES. *Ethiopian International Journal of Multidisciplinary Research*, 10(11), 5-8.

62. Bahodirovna, S. N. (2024). HEAD OF CHILDREN'S INSTITUTION IN ORGANIZING THE WORK OF FORMING MATHEMATICAL IMAGINATIONS AND BIG TEACHER'S PLACE. *EDUCATORS KNOWLEDGE DEGREE AND FORMS OF*



Date: 19th January-2025

DEVELOPMENT OF SKILLS. *Multidisciplinary Journal of Science and Technology*, 4(3), 119-124.

63. Bahodirovna, S. N. (2023). ELEMENTARY MATHEMATICS AND COHERENCE BETWEEN STAGES OF MATHEMATICS EDUCATION. *Multidisciplinary Journal of Science and Technology*, 3(5), 393-397.

