

Date: 19th January-2025

SO‘Z BOYLIGINI OSHIRISH USULLARI

Shukurova Madina Uktamovna

Osiyo xalqaro universiteti o‘qituvchisi

Annotatsiya: Mazkur maqolada inson so‘z boyligini oshirishning samarali usullari, kundalik hayotda va professional sohalarida buni amalga oshirishning afzalliklari yoritilgan. Turli metodlar va ularning amaliy qo‘llanilishi haqida ma‘lumot beriladi.

Kalit so‘zlar: So‘z boyligi, til o‘rganish, kitob o‘qish, muloqot, yozma amaliyot, yangi so‘zlar o‘rganish.

Kirish So‘z boyligi har qanday tilni o‘rganishda va uni mukammal egallashda muhim o‘rin tutadi. So‘zlarning xilma-xilligi nafaqat fikrni aniq ifodalashga yordam beradi, balki insonning madaniy saviyasi va ta‘lim darajasini ham aks ettiradi. Ushbu maqolada so‘z boyligini oshirishning oddiy va samarali usullari haqida so‘z yuritiladi.

Asosiy qism

Bugungi ma‘ruzada biz so‘z boyligini oshirish usullari haqida gaplashamiz. So‘z boyligi inson fikrlash va muloqot qilish qobiliyatini yaxshilashda juda muhim rol o‘ynaydi. Ko‘p so‘z bilish va ulardan to‘g‘ri foydalanish insonning madaniy darajasini, nutq madaniyatini, yaratish va tushunish qobiliyatini rivojlantiradi. Shuning uchun so‘z boyligini oshirish nafaqat bilim, balki shaxsiy rivojlanish va professional muvaffaqiyatlar uchun ham zarur.

1. Kitob o‘qishning ahamiyati Kitob o‘qish so‘z boyligini oshirishning eng samarali usullaridan biridir. Badiiy adabiyotlar, ilmiy maqolalar va maxsus yo‘nalishdagi kitoblarni muntazam o‘qish orqali inson nafaqat yangi so‘zlar bilan tanishadi, balki ularning to‘g‘ridan-to‘g‘ri qo‘llanilishini ham o‘rganadi. Shu bilan birga, o‘qish lug‘aviy zaxirani kengaytiradi va matnni tushunish ko‘nikmasini rivojlantiradi.

2. Muloqot va tinglash Tirik muloqot so‘z boyligini oshirishda muhim rol o‘ynaydi. Suhbatlar davomida yangi so‘zlarni eshitish va ularni amaliyotda ishlatish orqali lug‘aviy boylik kengayadi. Shuningdek, podkastlar, audiokitoblar va ommaviy nutqiy chiqishlarni tinglash orqali yangi so‘z va iboralarni o‘rganish mumkin.

3. Yozma amaliyotning roli Yozuv orqali fikr bildirish so‘z boyligini rivojlantirishning yana bir muhim yo‘lidir. Kundalik yuritish, esse yozish yoki ijtimoiy tarmoqlarda mazmunli postlar yozish orqali yangi so‘zlarni amalda qo‘llash imkoniyati yaratiladi. Bu nafaqat lug‘aviy zaxirani kengaytiradi, balki yozma nutq ko‘nikmalarini ham rivojlantiradi.

4. Lug‘atdan foydalanish Maxsus lug‘at va onlayn resurslardan foydalanish yangi so‘zlarni o‘rganish va ularni to‘g‘ridan-to‘g‘ri amaliyotga joriy qilishga yordam beradi. Har kuni bir nechta yangi so‘z yodlash va ularni jumalarda ishlatish samarali natija beradi.

5. Til o‘rganish dasturlaridan foydalanish Zamonaviy texnologiyalar yangi tillarni o‘rganish va so‘z boyligini oshirish imkonini beradi. Masalan, Duolingo, Memrise,



Date: 19th January-2025

yoki Anki kabi dasturlar orqali interaktiv tarzda yangi soʻzlarni oʻrganish mumkin. Ushbu platformalar foydalanuvchiga qiziqarli va qulay usulda bilim olish imkonini beradi.

6. Oʻrganilgan soʻzlarni takrorlash Takrorlash bilimni mustahkamlashning asosiy tamoyillaridan biridir. Yangi oʻrganilgan soʻzlarni muntazam ravishda eslab qolish va ishlatish ularni xotirada saqlashni osonlashtiradi.

7. Film va seriallarni koʻrish Chet tilidagi film va seriallarni subtitrlarsiz tomosha qilish tilni chuqurroq tushunishga yordam beradi. Shu bilan birga, har xil kontekstlarda ishlatiladigan yangi soʻzlar va iboralarni oʻzlashtirish mumkin.

Xulosa Soʻz boyligini oshirish inson shaxsiy va professional rivojlanishida katta ahamiyatga ega. Bu jarayon muntazam mehnat va izlanishni talab qiladi. Kitob oʻqish, muloqot qilish, yozuv bilan shugʻullanish va zamonaviy texnologiyalardan foydalanish orqali soʻz boyligini samarali ravishda kengaytirish mumkin. Shuningdek, yangi soʻzlarni oʻrganish va ularni amaliyotda qoʻllash orqali har bir inson oʻz nutq madaniyatini yuksaltirishi mumkin.

FOYDALANILGAN ADABIYOTLAR:

1. Oʻktam qizi Buxoro, S. M. (2022). BOLANING NUTQINI RIVOJLANTIRUVCHI OʻYINLAR. *PEDAGOGS jurnali*, 1(1), 484-486.
2. Oʻktam qizi Shukurova, M. (2023). Speech grow up in training using interactive methods. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 357-360.
3. Oktam's, S. M. (2023). Methods and Tools of Speech Development of Small Group Children in Preschool Education Organization. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(9), 104-108.
4. Oʻktam qizi Shukurova, M. (2023). The importance of genres of folklore in the education of preschool children. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 1(5), 96-99.
5. Shukurova, M. (2023). METHODS AND METHODS OF INCREASING CHILDREN'S SPEECH IN A PRESCHOOL ORGANIZATION. *Modern Science and Research*, 2(10), 477-480.
6. Shukurova, M. O. K. (2024). Growing children's speech in the process of introducing them to the environment and nature. *Multidisciplinary Journal of Science and Technology*, 4(3), 130-135.
7. Shukurova, M. (2024). OILADA FARZAND TARBIYASIDA OTANING ROLI. *ZAMONAVIY TARAQQIYOTDA ILM-FAN VA MADANIYATNING OʻRNI*, 3(2), 162-167.
8. Oʻktamovna, S. M. (2024). MAKTABGACHA TA'LIMDA TABIAT BURCHAGINI TAYYORLASH. *Multidisciplinary Journal of Science and Technology*, 4(3), 661-667.
9. Oʻktamovna, S. M. (2024). EXTRACURRICULAR ACTIVITIES IN PRIMARY GRADES. *Multidisciplinary Journal of Science and Technology*, 4(3), 654-660.
10. Oʻktamovna, S. M. (2024). PREPARATION OF THE NATURE CORNER IN PRESCHOOL EDUCATION. *Multidisciplinary Journal of Science and Technology*, 4(3), 675-681.



Date: 19th January-2025

11. O'ktamovna, S. M. (2024). BOLALAR NUTQINING TOVUSH MADANIYATINI SHAKLLANTIRISH. *PEDAGOG*, 7(5), 48-55.
12. O'ktamovna, S. M. (2024). BOLALARNING IJTIMOY-EMOTSIONAL RIVOJLANISHINI QO 'LLAB-QUVVATLASH USULLARI. *Methods of applying innovative and digital technologies in the educational system*, 1(2), 223-228.
13. O'ktamovna, S. M. (2024). BOLALARDA INDIVIDUAL RIVOJLANISHNING NEVROLOGIK ASOSLARI. *Methods of applying innovative and digital technologies in the educational system*, 1(2), 211-216.
14. O'ktamovna, S. M. (2024). BOLALARDA HISSIY-INTELLEKTUAL RIVOJLANISH VA UNING TA'LIM JARAYONIGA TA'SIRI. *Methods of applying innovative and digital technologies in the educational system*, 1(2), 205-210.
15. O'ktamovna, S. M. (2024). BOLALARDA NUTQ RIVOJLANISHI: NAZARIYA VA AMALIY YONDASHUVLAR. *Methods of applying innovative and digital technologies in the educational system*, 1(2), 217-222.
16. Shukurova, M., & Hoshimova, M. (2024). SAHNALASHTIRISH FAOLIYATI VOSITASIDA BOLALARNING IJTIMOY MOSLASHUVINI YO'LGA QO'YISH. *Modern Science and Research*, 3(11), 547-550.
17. Shukurova, M., & Artikova, N. (2024). TARBIYACHI NUTQI UCHUN ZARUR BO'LGAN PEDAGOGIK TALABLARNING AHAMIYATI. *Modern Science and Research*, 3(11), 530-533.
18. Шукурова, М. У. (2024). ПОДГОТОВКА УГОЛОКА ПРИРОДЫ В ДОШКОЛЬНОМ ОБРАЗОВАНИИ. *Multidisciplinary Journal of Science and Technology*, 4(3), 668-674.
19. SHUKUROVA, M. (2024). NEUROPEDAGOGY AS A FOUNDATION FOR INCREASING THE EFFECTIVENESS OF THE EDUCATIONAL PROCESS. *Mental Enlightenment Scientific-Methodological Journal*, 5(07), 1-8.
20. Narziyeva, S. (2023). PSYCHOLOGICAL VIEWS ON THE CHOICE OF PROFESSION. *Modern Science and Research*, 2(10), 333-336.
21. Rustamovna, N. S. (2023). UNDERSTANDING EMPATHY: AN ESSENTIAL COMPONENT OF HUMAN CONNECTION. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 378-382.
22. Rustamovna, N. S. (2023). DEVELOPING EMPATHY IN STUDENTS. *Oriental Journal of Academic and Multidisciplinary Research*, 1(3), 127-131.
23. Rustamjonovna, N. S. (2024). O 'SMIRLARDA DEVIATSIYA KO 'RINISHLARI VA VUJUDGA KELTIRUVCHI OMILLARI. *PEDAGOGIK TADQIQOTLAR JURNALI*, 2(1), 171-175.
24. Rustamjonovna, N. S. (2024). THE PROBLEM OF AGE AND GENDER DIFFERENTIATION OF DEVIANT MORALITY. *THE THEORY OF RECENT SCIENTIFIC RESEARCH IN THE FIELD OF PEDAGOGY*, 2(22), 222-224.
25. Rustamovna, N. S. (2024). O 'SPIRINLIK YOSHIDA EMPATIYANING NAMOYON BO 'LISHI VA UNING PSIXOLOGIK XUSUSIYATLARI. *PEDAGOG*, 7(5), 89-96.



Date: 19th January-2025

26. Narziyeva, S. (2024). O 'SPIRINLIK YOSHIDA EMPATIYANING NAMOYON BO 'LISHI VA UNING PSIXOLOGIK XUSUSIYATLARI. *PEDAGOG*, 7(4), 320-327.
27. Hojiyeva Nasiba Bahodirovna. (2024). Ta'lim jarayonida boshlang'ich sinflarda texnologiya fanini o'qitish muammosining yoritilish mazmuni. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 2(1), 200–206.
28. Hojiyeva Nasiba Bahodirovna. (2024). THE SIGNIFICANCE OF EDUCATIONAL TRAINING IN PRIMARY CLASSES. *МЕДИЦИНА, ПЕДАГОГИКА И ТЕХНОЛОГИЯ: ТЕОРИЯ И ПРАКТИКА*, 2(2), 439–447.
29. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA ONA TILI O'QITISH METODIKASI FANINING METODOLOGIK VA ILMIY ASOSLARI.
30. Hojiyeva, N. (2023). METHODS OF TEACHING MOTHER TONGUE IN PRIMARY CLASSES SCIENTIFIC AND METHODOLOGICAL BASIS. *Modern Science and Research*, 2(9), 424-428.
31. Hojiyeva, N. (2023). THE SUBJECT AND TASKS OF THE METHOD OF TEACHING THE MOTHER TONGUE IN PRIMARY GRADES. *Modern Science and Research*, 2(10), 855-857.
32. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA ONA TILI O'QITISH METODIKASI FANINING PREDMETI VA VAZIFALARI.
33. Bahodirovna, H. N. (2023). TA'LIM JARAYONIDA BOSHLANG'ICH SINFLARDA TEXNOLOGIYA FANINI O 'QITISH MUAMMOSINING YORITILISH MAZMUNI. *PEDAGOGS jurnali*, 1(1), 209-209.
34. Bahodirovna, H. N. (2023). Methodological Foundations of Teaching the Science of" Education" in Primary Grades. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(9), 369-372.
35. Hojiyeva, N. B. (2023). MODERN METHOD IN TEACHING MOTHER LANGUAGE LESSONS-USING THE CACOGRAPHY METHOD. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(10), 434-439.
36. Bahodirovna, H. N. (2024). DEVELOPMENT OF FUTURE PRIMARY SCHOOL TEACHERS BASED ON EDUCATIONAL COMPETENCIES. *Multidisciplinary Journal of Science and Technology*, 4(4), 203-208.
37. Bahodirovna, H. N. (2024). AND ESSENCE OF THE EDUCATIONAL PROCESS. *Multidisciplinary Journal of Science and Technology*, 4(3), 328-333.
38. Bahodirovna, H. N. (2023). Prognosis of Placental Insufficiency in Pregnant Women Treated for Coronavirus. *Eurasian Medical Research Periodical*, 20, 228-236.
39. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA TARBIYA FANINI O'QITISHNING ASOSIY METOD VA VOSITALARI. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 1(5), 332-338.
40. Hojiyeva, N. B. (2023). INCREASING THE INTEREST OF STUDENTS IN THE PROCESS OF TEACHING TECHNOLOGY IN PRIMARY GRADES. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(10), 430-433.
41. Toymurodov, A. (2023, December). MODERN INTERPRETATION OF PSYCHODIAGNOSTICS AND PSYCHOCORRECTION OF EXTREME SITUATIONS.

Date: 19th January-2025

In *INTERNATIONAL SCIENTIFIC CONFERENCE "SCIENTIFIC ADVANCES AND INNOVATIVE APPROACHES"* (Vol. 1, No. 5, pp. 71-79).

42. Toymurodov, A. (2023). BASICS OF PROVIDING PSYCHOLOGICAL SERVICES TO MILITARY PERSONNEL. *Академические исследования в современной науке*, 2(24), 148-152.

43. Shuhratovich, T. A. (2025). PSIXOLOGIK TESTLAR TURLARI VA ULARNI QANDAY QO'LLASH. Modern digital technologies in education: problems and prospects, 2(1), 8-15.

44. Abdurahmon, T. (2025). BOLALAR PSIXOLOGIYASINI O 'RGANISH ULARNING RIVOJLANISH JARAYONLARI. Modern digital technologies in education: problems and prospects, 2(1), 16-21.

45. Сайфуллаева, Н. Б. (2021). ВАЖНЫЕ АСПЕКТЫ ИСПОЛЬЗОВАНИЯ ЦИФРОВЫХ ТЕХНОЛОГИЙ В СИСТЕМЕ КЛАССНЫХ УРОКОВ. *Вестник науки и образования*, (15-3 (118)), 40-42.

46. Сайфуллаева, Н. Б. (2022). ИСПОЛЬЗОВАНИЕ ДИДАКТИЧЕСКОГО ПРОГРАММНОГО ОБЕСПЕЧЕНИЯ В ОБУЧЕНИИ МАТЕМАТИКЕ. In *НОВЫЕ ПЕДАГОГИЧЕСКИЕ ИССЛЕДОВАНИЯ* (pp. 10-12).

47. Сайфуллаева, Н. Б. (2023). РОЛЬ ЦИФРОВЫХ ТЕХНОЛОГИЙ В ОБУЧЕНИИ КОМПЬЮТЕРНЫМ НАУКАМ. *Universum: технические науки*, (4-1 (109)), 41-43.

48. Сайфуллаева, Н. Б. (2023). ВАЖНОСТЬ МАТЕМАТИКИ И ЕСТЕСТВЕННЫХ НАУК ДЛЯ УЧАЩИХСЯ НАЧАЛЬНОЙ ШКОЛЫ: Сайфуллаева Нозима Баходировна, преподаватель кафедры "Теория начального образования", Бухарский государственный университет. Город Бухара. Республика Узбекистан. *Образование и инновационные исследования международный научно-методический журнал*, (1), 305-307.

49. Сайфуллаева, Н. Б. (2023). Методы Организации Уроков Математики В Начальных Классах С Использованием Цифровых Технологий. *Miasto Przyszłości*, 35, 388-390.

50. Сайфуллаева, Н. Б. (2023). РОЛЬ МАТЕМАТИКИ В СОВРЕМЕННОМ МИРЕ. *PEDAGOGS jurnali*, 1(1), 292-292.

51. Сайфуллаева, Н. Б. (2019). Роль дидактических игр в умственном развитии учащихся в математике начального класса. In *INTERNATIONAL SCIENTIFIC REVIEW OF THE PROBLEMS OF PHILISOPHY, PSYCHOLOGY AND PEDAGOGY* (pp. 102-106).

52. Сайфуллаева, Н. Б., & Марданова, Ф. Я. (2021). НАУЧНО-МЕТОДИЧЕСКИЕ ОСНОВЫ ОРГАНИЗАЦИИ САМОСТОЯТЕЛЬНОЙ РАБОТЫ ПО ВЫСШЕЙ МАТЕМАТИКЕ. *Проблемы науки*, 84.

53. Сайфуллаева, Н. Б. (2020). Важные особенности дидактических игр в процессе обучения математике в начальных школах. In *ИННОВАЦИОННЫЕ МЕТОДЫ ОБУЧЕНИЯ И ВОСПИТАНИЯ* (pp. 60-62).

54. Сайфуллаева, Н. Б., & Мурадова, Я. М. (2020). Пути эффективного использования методов обучения математике в начальных классах. In *EUROPEAN RESEARCH* (pp. 121-123).



Date: 19th January-2025

55. Сайфуллаева, Н. Б. (2022). Методы определения потребностей обучающихся в процессе использования облачных технологий в образовании. *Universum: технические науки*, (2-1 (95)), 57-59.
56. Сайфуллаева, Н. Б., & Саидова, Г. Э. (2019). Повышение эффективности занятий, используя интерактивные методы в начальном образовании. *Научный журнал*, (6 (40)), 101-102.
57. Bahodirovna, S. N. (2023). KINDERGARTEN, SCHOOL AND FAMILY PARTNERSHIP IN TEACHING CHILDREN IN MATHEMATICS. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 383-388.
58. Bahodirovna, S. N. (2023). FORMING CHILDREN'S IDEAS ABOUT THE SIZE OF OBJECTS AND THEIR MEASUREMENT. *Oriental Journal of Academic and Multidisciplinary Research*, 1(3), 102-107.
59. Bahodirovna, S. N. (2023). Organization Forms of the Development of Primary Mathematical Concepts in Children. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 138-143.
60. Сайфуллаева, Н. Б. (2023). ЭФФЕКТИВНОСТЬ ИСПОЛЬЗОВАНИЯ ДИДАКТИЧЕСКИХ ИГРОВЫХ ОБРАЗОВАТЕЛЬНЫХ ТЕХНОЛОГИЙ ПО МАТЕМАТИКЕ В НАЧАЛЬНЫХ КЛАССАХ. *Проблемы педагогики*, (2 (63)), 15-17.
61. Bahodirovna, S. N. (2023). FORMS OF ORGANIZATION OF MATHEMATICS TEACHING IN ELEMENTARY GRADES. *Ethiopian International Journal of Multidisciplinary Research*, 10(11), 5-8.
62. Bahodirovna, S. N. (2024). HEAD OF CHILDREN'S INSTITUTION IN ORGANIZING THE WORK OF FORMING MATHEMATICAL IMAGINATIONS AND BIG TEACHER'S PLACE. EDUCATORS KNOWLEDGE DEGREE AND FORMS OF DEVELOPMENT OF SKILLS. *Multidisciplinary Journal of Science and Technology*, 4(3), 119-124.
63. Bahodirovna, S. N. (2023). ELEMENTARY MATHEMATICS AND COHERENCE BETWEEN STAGES OF MATHEMATICS EDUCATION. *Multidisciplinary Journal of Science and Technology*, 3(5), 393-397.

