

Date: 3<sup>rd</sup>December-2024

**THE IMPORTANCE OF NATIONAL GAMES IN THE EDUCATION OF  
PRIMARY CLASS STUDENTS**

**Boltayeva Nigina Fatullayevna**

Asia international university graduate student

**Abstract :** This in the article initial class students in education national of games importance seeing will be released . National games not only of children physical development , perhaps their intellectual , spiritual and social to build skills service does The article is also national of games educational aspects and them education in the process how apply possible discussion does

**Key words :** National games , education , primary class , physical development , intellectual skills , mental development .

National games - every one of the people cultural of inheritance indispensable part being their history and traditions reflection makes Primary in class children for national games not only interesting time transfer tool , perhaps to them different skills in possession help gives This in the article national of games children in education importance attention let 's look

Main part :

National of games children in education importance one how many in terms of seeing let's go :

1. Physical Development : National games physical activity to increase help gives Children's muscles and movement coordination improves . Games through children speed , power and endurance such as physical adjectives they develop .

2. Intellectual skills : Many national in the games strategic thinking and problems solution to do demand will be done . And this in children makes sense thinking develops and creativity increases .

3. Spirit and Society : National in the games participation reach of children the psyche only strengthen not only them in the team role also help to understand gives Mutually cooperation to do through in children friendship feeling is formed.

4. Culture Appreciation : National games through children of the people traditions with they get to know each other and them appreciate they start And this their cultural identities to form service does

Primary class students in education national of games importance very big National games not only of children physical development help gives , perhaps them spiritual and spiritual enriches in terms of Below national of games educational importance about one how many main aspects cited :

1. Cultural Heritage : National games through children own of the people culture , traditions and traditions they learn It's theirs patriotism feeling increases.

2. Physical Development : Games of children physical activity increases muscles strengthens and motor skills develops .



Date: 3<sup>rd</sup>December-2024

3. Social Skills : National games during children each other with communication to do , cooperation and collective the soul they develop . It's social skills in formation important.

4. Competition and Patience : In games competition spirit there is that it was because , children to lose patience ability and to success reach for work to do necessity they understand .

5. Mental activity : Some national games strategic thinking , logic and problems solution to do abilities to develop help gives.

6. Emotional Development : Game in the process children different emotions from the head sorry , this while their feelings to manage help gives

7. To health benefit : Physical activity health for is useful , that's it with along with the stress level reduces and common the mood improves .

In general in general , national games initial class of students in education important role plays and them each bilaterally to develop service does them education to the process input through of children person as formation big contribution is added .

Primary class students in education national of games importance very big National games of children spiritual , physical , intellectual and psychological development positive effect shows . They are of children to his age suitable respectively not only interesting entertainment , maybe educational important have has been training present is enough

#### 1. Spiritual education

National games through students national values , traditions and traditions they absorb . In games used songs , proverbs and riddles in children own historical to his heritage respect feeling wakes up .

For example , " White poplar , blue poplar " or " Sparrow like "chak-chuk " . games not only laugh , maybe team spirit and respect feeling in formation important

#### 2. Physical development

Physical activity demand who does national games in children agility , endurance and balance develops . These are games of children healthy marriage style to form help gives

Example : " Wrestling " or " Rope like drag ” . games of children physical to training service does

#### 3. Social skills development

Games collective activity develops and to the children own peers with communication to do , communication culture teaches . Collective games through in children solidarity , responsibility and leadership qualities is formed .

Example : " Which in hand ?" or "Who is faster ?" such as games social connections strengthens

#### 4. Intellectual development

to find and makes sense games of children thinking ability develops attention and remembering to stay abilities strengthens

For example , "Who will find ?", " Friendship ring ” like games the children resourceful and clever to be teaches .



Date: 3<sup>rd</sup>December-2024

5. Psychological prosperity

Game in the process children their feelings to manage they learn stress overcome and to himself has been confidence they form And this their psychological health to provide service does

Summary :

National games initial class of students in education important role plays . They are physical from activity ranging from intellectual and of the psyche until development has been in processes efficient help gives That's why for education in the process this traditional the games apply is necessary ; this not only knowledge get process relieves , perhaps the children our country to culture tie standing strong the foundation is also considered . National games initial class students for not only interesting game activity , perhaps to them educational effect pointer important tool is considered That's why for teachers and parents national the games education in the process active applications it is necessary These are the children each bilaterally healthy and perfect development provides .

**REFERENCES:**

11. Ikromova, S. (2023). INTERPRETATION OF THE PSYCHOLOGICAL SAFETY FACTOR IN RELATION TO DESTRUCTIVE INFORMATION IN ADOLESCENTS. *Modern Science and Research*, 2(9), 390-394.
12. Ikromova, S. (2023). CONCEPT OF IDEOLOGY AND FORMATION OF IDEOLOGICAL IMMUNITY IN YOUTH STUDENTS. *Modern Science and Research*, 2(6), 1223-1226.
13. Ikromova, S. (2023). FORMATION OF IDEOLOGICAL IMMUNITY TO DESTRUCTIVE INFORMATION IN TEENAGERS. *Modern Science and Research*, 2(5), 1009-1014.
14. Ikromova, S. A. (2022). MILLIY VA DINIY QADRIYATLARNING INSON TARBIYASIDAGI O'RNI. *Экономика и социум*, (12-2 (103)), 675-678.
15. Ikromova, S. A. (2023). SHAXS OG 'ISHGAN XULQINING KO 'RINISHLARI VA DESTRUKTIV AXBOROTLARNING KO 'RINISHLARI. *Educational Research in Universal Sciences*, 2(10), 528-532.
16. Akbarovna, I. S. (2023). YOSHLARDA DESTRUKTIV G'OYALARGA QARSHI IMMUNITET HOSIL QILISH OMILLARI.
17. Akbarovna, I. S. (2023). TALABA YOSHLARDA MAFKURA TUSHUNCHASI VA MAFKURAVIY IMMUNITETNI SHAKLLANTIRISH.
18. Akbarovna, I. S. (2023). O'SMIRLARDA DESTRUKTIV AXBOROTLARGA NISBATAN MAFKURAVIY IMMUNITET SHAKLLANTIRISH.
19. Akbarovna, I. S. (2023). DESTRUKTIV AXBOROTLARGA NISBATAN MAFKURAVIY IMMUNITET SHAKLLANTIRISH IJTIMOIIY MUAMMO SIFATIDA. *Barqaror Taraqqiyot va Rivojlanish Tamoyillari*, 1(6), 26-29.
20. Akbarovna, I. S. (2023). MILLIY HARAKATLI O'YINLARNING BOLALAR TARBIYASIDAGI IJTIMOIIY-PSIXOLOGIK XUSUSIYATLARI.

