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MOTIVATSIYA VA O'QUV FAOLIYATINI RAG'BATLANTIRISH

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Annotatsiya Mazkur maqolada o'quvchilarning o'quv jarayonidagi motivatsiyasini oshirish, ularni rag'batlantirishning samarali usullari va ta'lim sifati bilan bog'liq yondashuvlar tahlil qilinadi. Motivatsiyaning turlari, uni shakllantirish usullari hamda zamonaviy pedagogik metodlar ko'rib chiqiladi.

Kalit so'zlar: motivatsiya, o'quv jarayoni, rag'batlantirish, pedagogika, o'qitish metodlari, ta'lim sifati, psixologik yondashuv.

Kirish Motivatsiya o'quvchilarning ta'lim jarayonidagi ishtirokini oshirishda asosiy omillardan biri hisoblanadi. O'quv jarayonida muvaffaqiyatga erishish uchun o'quvchilar o'zlarida ichki va tashqi rag'batni shakllantirishlari zarur. O'qituvchilarning vazifasi esa o'quvchilarning o'qishga bo'lgan qiziqishini oshirib, ularning intellektual va ijodiy salohiyatini rivojlantirishdan iborat.

Asosiy qism Motivatsiyani oshirishning turli metodlari mavjud bo'lib, ularning har biri o'quvchilarning yoshi, psixologik xususiyatlari va ta'lim shakliga qarab farqlanadi. Quyida motivatsiyani rag'batlantirishga oid asosiy usullar tahlil qilinadi:

1. **Ichki va tashqi motivatsiya**

o Ichki motivatsiya – o'quvchining bilim olishga bo'lgan shaxsiy qiziqishi va ehtiyoji asosida shakllanadi. Masalan, yangi bilimga bo'lgan ishtiyoq yoki kasbiy qiziqishlar.

o Tashqi motivatsiya esa rag'batlantirish yoki jazolash tizimi orqali shakllantiriladi. Bunga baholar, mukofotlar, ota-onalar yoki jamiyatning e'tirofi kiradi.

2. **Rag'batlantirish va taqdirlash** O'quvchilarning yutuqlari va harakatlari e'tirof etilishi lozim. Buning uchun maqtov, rag'batlantiruvchi baholar yoki imtiyozlar tizimi joriy etilishi mumkin. Shuningdek, ijtimoiy rag'bat (jamoatchilik tomonidan e'tirof etish) ham muhim rol o'ynaydi.

3. **Interfaol va qiziqarli dars metodlarini qo'llash** Darslarni qiziqarli va samarali tashkil etish motivatsiyani oshirishga yordam beradi. Buning uchun:

o Rolli o'yinlar va amaliy mashg'ulotlar;
o Muammoli ta'lim metodlari;
o Zamonaviy texnologiyalardan foydalanish (video, taqdimot, interaktiv materiallar) kabilar qo'llaniladi.

4. **O'quvchilarning shaxsiy qiziqishlarini inobatga olish** Har bir o'quvchining qiziqishlari va shaxsiy ehtiyojlarini aniqlab, ularga mos yondashuvni ishlab chiqish motivatsiyani oshiradi. Bu jarayonda mustaqil loyihalar, tadqiqot ishlari va guruhiy topshiriqlardan foydalanish maqsadga muvofiq.

5. **Ta'lim muhiti va psixologik omillar** O'quvchilarning ruhiy holati, stress darajasi va ta'lim muhitining qulayligi motivatsiyaga bevosita ta'sir qiladi. O'qituvchilar



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ijobiy muhit yaratish, muloqot madaniyatini rivojlantirish va qo'llab-quvvatlash tizimini shakllantirish orqali o'quvchilarning ishtirokini oshirishlari mumkin.

Xulosa O'quvchilarning motivatsiyasini oshirish ta'lim jarayonining ajralmas qismi bo'lib, bu jarayon samaradorligini oshirish uchun turli metodlardan foydalanish lozim. Ichki va tashqi motivatsiyani uyg'unlashtirish, qiziqarli ta'lim metodlarini joriy etish hamda o'quvchilarning qiziqishlarini hisobga olish orqali ta'lim sifatini sezilarli darajada yaxshilash mumkin. O'qituvchilar motivatsiya jarayonini to'g'ri boshqarish orqali o'quvchilarning o'z-o'zini rivojlantirishiga turtki berishlari kerak.

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