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OF ART THERAPY METHODS IN EARLY SCHOOL STUDENTS

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Abstract . This The article discusses the work of sociologists and educators on art therapy methods and the psychological aspects of creativity. thoughts , interpretations of creativity as a social and psychological category in scientific research about word is maintained .

Abstract. This article talks about the formation of creativity in general, the methods of art therapy, the opinions of sociologists and pedagogues on the psychological aspects of creativity, the interpretations of creativity as a social-psychological category in scientific research.

Support words : art therapy , empirical , creativity , status, sublimation , diagnostics , intellect , mechanism art therapy , diagnosis , intelligence , ambivalence , component , mechanism .

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Start drinking class students personal and social development important in the phase They will be . During this period they not only knowledge they will learn , maybe their feelings understanding and expression They also learn to be happy . That's why art therapy for through treatment methods – they with at work effective tool to be possible . Art therapy child's internal experiences without words expression opportunity gives .

Art therapy drawing in the process , from clay making , collage preparation , color therapy such as methods is used . Especially in the beginning class students for drawing activity their imagination , emotional status and internal the world to understand help gives . The student own in the picture their worries , their joys or incomprehensible feelings expression Through this psychologist or pedagogue child's internal status analysis to do possible .

Art therapy of the students emotional intellect They develop colors , shapes through own mood to express They learn . This is especially true when it comes to expressing their feelings . oral inexpressible or speech to restrictions has children for very important . Therapy The child himself was trust increases and social flexibility level increases .

Teacher or school psychologist art therapy sessions from class next training in the form of organization to do possible . In these exercises to children free creativity to do opportunity is given . Each The work is not evaluated individually , but general to the mood looking at seeing This approach children's oneself to feel free take is coming .

Start drinking class students sometimes in the school environment in adaptation to difficulties face Art therapy using this problems soft and sincere road with eliminate to be possible . For example , the lesson in the process stress reduce , mutual relationships



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improve and oneself to express help to give These methods are possible . psychological health in storage preventive tool to be service does .

Also , art therapy through in children aggression , restlessness or internal compression such as situations determination and reduce possible . Draw a picture in the process children oneself to catch looking at certain signals Color selection , lines shape and location child mental status about important information This gives socio-pedagogical approaches adaptation opportunity gives .

Art therapy again one advantage – it is for children creative potential open gives . Students own creative works through the world how see manifestation They do . This is their independent thinking , problem solution to do and aesthetic taste Such activities of the students general socio-psychological It also supports customization .

Art therapy methods effective application for students special to the qualification has to be They are children . drawn in the picture symbols understanding and interpretation to do studies necessary . With this together , art therapy in the process to the child pressure not transferable , it is free performance for comfortable environment creation Every training child's to the state suitable accordingly is planned .

Preschool and start education art therapy in the stage methods integration traditional study methodologies with together take to go possible . This is pedagogical approach children's not only knowledge , maybe emotional also serves the development Therefore , art therapy start in the classrooms wide application need was important psychological from tools It is one of the persons every one-sided harmonious formation provides .

Conclusion as in other words , art therapy methods elementary class students with at work use – their spiritual stability reinforcement , personal development support and social adaptation in improvement important is a factor . This the process right on the road to put through at school education efficiency increase possible . Art therapy not only to the pain cure , maybe to the child love , trust and attention expression maybe .

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