

Date: 23<sup>rd</sup> December-2024

**MAKTABGACHA YOSHDAGI BOLALARDA O‘YIN ORQALI RIVOJLANISH.**

**Isomova Farog‘at Tojiddinovna**  
Osiyo xalqaro universiteti o‘qituvchisi

**Annotatsiya:** Mazkur maqola maktabgacha yoshdagi bolalarning o‘yin faoliyati orqali rivojlanish jarayonini tahlil qiladi. Bolalar uchun o‘yin – tabiiy faoliyat bo‘lib, ularning jismoniy, intellektual, ijtimoiy va hissiy rivojlanishida muhim rol o‘ynaydi. Maqolada o‘yin turlari, uning bolalar rivojlanishiga ta‘siri va pedagogik jarayonda o‘yinning ahamiyati yoritilgan.

**Kalit so‘zlar:** o‘yin faoliyati, maktabgacha ta‘lim, bolalar rivojlanishi, ijtimoiy ko‘nikmalar, ijodiy o‘yin, ta‘lim metodlari.

### **Kirish**

Maktabgacha yosh davri bolaning shaxsiyati va qobiliyatlari shakllanishida asosiy bosqichlardan biri hisoblanadi. Ushbu davrda bolalar tabiiy ravishda o‘yin faoliyatiga jalb qilinadi, chunki o‘yin ularning asosiy faoliyati hisoblanadi. O‘yin orqali bolalar atrof-muhitni o‘rganadi, o‘z hissiy holatini boshqaradi, muammolarni hal qilish va ijtimoiy muloqot ko‘nikmalarini rivojlantiradi. Maqolada maktabgacha yoshdagi bolalarda o‘yin orqali rivojlanishning turli jihatlari va ularning ta‘lim jarayonidagi ahamiyati ko‘rib chiqiladi.

### **Asosiy qism**

#### **O‘yin faoliyatining mohiyati**

O‘yin – bolalarning tabiiy rivojlanish jarayonida muhim ahamiyatga ega bo‘lgan faoliyat turi. U nafaqat qiziqarli, balki tarbiyaviy va o‘quv jihatdan ham foydalidir. O‘yin quyidagi funksiyalarni bajaradi:

1. **Bilish faoliyatini rivojlantirish:** O‘yin davomida bolalar atrofdagi dunyo haqidagi bilimlarini kengaytiradi va ularni amalda qo‘llashni o‘rganadi.
2. **Ijodiy fikrlash:** Fantaziya va ijodiy fikrlashni rag‘batlantirish orqali bolalar o‘z imkoniyatlarini kashf etadi.
3. **Ijtimoiylashuv:** O‘yin jarayonida bolalar birgalikda ishlash, muvofiqlashish va muloqot qilish ko‘nikmalarini rivojlantiradi.
4. **Emotsional rivojlanish:** Bolalar o‘yin orqali o‘z his-tuyg‘ularini anglaydi va ifoda etadi.

#### **O‘yin turlari va ularning rivojlanishiga ta‘siri**

Bolalarning rivojlanishiga ko‘ra, o‘yin turlari turlicha ta‘sir ko‘rsatadi. Quyida o‘yinlarning asosiy turlari va ularning rivojlanishiga ta‘siri ko‘rib chiqiladi:

1. **Rolli o‘yinlar:** Bolalar turli rollarni ijro etib, kattalar faoliyatini taqlid qilishadi. Bu o‘yinlar ijtimoiy va muloqot ko‘nikmalarini rivojlantiradi.
2. **Didaktik o‘yinlar:** Ta‘limga yo‘naltirilgan o‘yinlar bolalarning bilish qobiliyatlarini rivojlantirishga xizmat qiladi.



Date: 23<sup>rd</sup> December-2024

3. **Harakatli o‘yinlar:** Jismoniy faoliyatni talab qiluvchi o‘yinlar bolalarning jismoniy rivojlanishini ta‘minlaydi.

4. **Ijodiy o‘yinlar:** Rasm chizish, qurilish va boshqa ijodiy mashg‘ulotlar orqali bolalar ijodiy fikrlash va muammolarni hal qilish ko‘nikmalarini rivojlantiradi.

**O‘yin orqali rivojlanishning pedagogik ahamiyati**

O‘yin faoliyati nafaqat bolalar uchun qiziqarli, balki ta‘lim jarayonida samarali vosita hisoblanadi. Quyida pedagogik yondashuvlar keltirilgan:

1. **Motivatsiyani oshirish:** O‘yin shaklidagi ta‘lim bolalarda qiziqish uyg‘otadi va bilimlarni yaxshiroq o‘zlashtirishga yordam beradi.

2. **Interfaol o‘qitish:** O‘yinlar bolalarni faol ishtirok etishga jalb qiladi va o‘zaro hamkorlikni rivojlantiradi.

3. **Individuallashtirilgan yondashuv:** O‘yin orqali har bir bolaning rivojlanish darajasini hisobga olish mumkin.

**Amaliy tavsiyalar**

- Ta‘lim jarayonida o‘yinli mashg‘ulotlarni muntazam ravishda qo‘llash.
- Bolalarning ijodiy va jismoniy faoliyatiga e‘tibor qaratish.
- O‘yin jarayonida pedagog va ota-onalar hamkorligini ta‘minlash.
- O‘yinlarni bolaning qiziqishlari va ehtiyojlariga mos ravishda tanlash.

**Xulosa**

Maktabgacha yoshdagi bolalarning o‘yin faoliyati ularning har tomonlama rivojlanishi uchun muhim ahamiyatga ega. O‘yin orqali bola nafaqat bilimlarni o‘zlashtiradi, balki ijtimoiy, jismoniy va hissiy rivojlanishni ham ta‘minlaydi. Ta‘lim jarayonida o‘yinning to‘g‘ri tashkil etilishi bolalarning qiziqishini oshiradi va ularning rivojlanish jarayonini yanada samarali qiladi. Shuning uchun o‘yin faoliyati pedagogik jarayonning ajralmas qismi bo‘lishi lozim.

**ADABIYOTLAR:**

1. O‘ktam qizi Shukurova, M. (2023). Speech grow up in training using interactive methods. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 357-360.

2. O‘ktam qizi Buxoro, S. M. (2022). BOLANING NUTQINI RIVOJLANTIRUVCHI O‘YINLAR. *PEDAGOGS jurnali*, 1(1), 484-486.

3. Oktam’s, S. M. (2023). Methods and Tools of Speech Development of Small Group Children in Preschool Education Organization. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(9), 104-108.

4. O‘ktam qizi Shukurova, M. (2023). The importance of genres of folklore in the education of preschool children. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 1(5), 96-99.

5. Shukurova, M. (2023). METHODS AND METHODS OF INCREASING CHILDREN'S SPEECH IN A PRESCHOOL ORGANIZATION. *Modern Science and Research*, 2(10), 477-480.



Date: 23<sup>rd</sup> December-2024

6. Shukurova, M. O. K. (2024). Growing children's speech in the process of introducing them to the environment and nature. *Multidisciplinary Journal of Science and Technology*, 4(3), 130-135.
7. Shukurova, M. (2024). OILADA FARZAND TARBIYASIDA OTANING ROLI. *ZAMONAVIY TARAQQIYOTDA ILM-FAN VA MADANIYATNING O'RNI*, 3(2), 162-167.
8. O'ktamovna, S. M. (2024). MAKTABGACHA TA'LIMDA TABIAT BURCHAGINI TAYYORLASH. *Multidisciplinary Journal of Science and Technology*, 4(3), 661-667.
9. O'ktamovna, S. M. (2024). EXTRACURRICULAR ACTIVITIES IN PRIMARY GRADES. *Multidisciplinary Journal of Science and Technology*, 4(3), 654-660.
10. O'ktamovna, S. M. (2024). PREPARATION OF THE NATURE CORNER IN PRESCHOOL EDUCATION. *Multidisciplinary Journal of Science and Technology*, 4(3), 675-681.
11. SHUKUROVA, M. (2024). NEUROPEDAGOGY AS A FOUNDATION FOR INCREASING THE EFFECTIVENESS OF THE EDUCATIONAL PROCESS. *Mental Enlightenment Scientific-Methodological Journal*, 5(07), 1-8.
12. O'ktamovna, S. M. (2024). BOLALAR NUTQINING TOVUSH MADANIYATINI SHAKLLANTIRISH. *PEDAGOG*, 7(5), 48-55.
13. [ПОДГОТОВКА УГОЛОКА ПРИРОДЫ В ДОШКОЛЬНОМ ОБРАЗОВАНИИ](#) МУ Шукурова - *Multidisciplinary Journal of Science and Technology*, 2024
14. Sobirovna, S. Y. (2023). O'YIN ORQALI BOLA TAFAKKURI VA NUTQINI OSTIRISH. *SAMARALI TA'LIM VA BARQAROR INNOVATSIYALAR*, 1(3), 93-99.
15. Yulduz, S. (2023). KREATIV YONDASHUVLAR ASOSIDA BOLALAR NUTQI VA TAFAKKURINI RIVOJLANTIRISH. *ОБРАЗОВАНИЕ НАУКА И ИННОВАЦИОННЫЕ ИДЕИ В МИРЕ*, 23(2), 87-92.
16. Yulduz, S. (2023). MAKTABGACHA YOSH DAGI BOLALARDA EKOLOGIK TA'LIM BERISHNING O'ZIGA XOSLIGI. *ОБРАЗОВАНИЕ НАУКА И ИННОВАЦИОННЫЕ ИДЕИ В МИРЕ*, 21(3), 124-129.
17. Sobirovna, S. Y. (2022). PEDAGOGNING KREATIVLIGI BOLALAR IJODIY RIVOJLANISHINING ZARUR SHARTI. *PEDAGOGS jurnali*, 1(1), 219-220.
18. Sobirovna, S. Y. (2022). KICHIK MAKTAB YOSH DAGI O'QUVCHILAR BILISH FAOLIYATINI RIVOJLANTIRISHNING PEDAGOGIK PSIXOLOGIK XUSUSIYATLARI. *PEDAGOGS jurnali*, 1(1), 158-160.
19. Sobirovna, Y. S. (2023). Methods and Tools of Economic Education in Preschool Children. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(9), 109-115.
20. Sobirovna, S. Y. (2023). METODIST FAOLIYATI ASOSLARI. *SAMARALI TA'LIM VA BARQAROR INNOVATSIYALAR*, 1(5), 108-114.
21. Sobirovna, S. Y. (2023). Creativity in the work of an educator. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(10), 361-367.
22. Sobirovna, S. Y. (2024). MAKTABGACHA TA'LIMDA NUTQ, MULOQOT OQISH VA YOZISH MALAKALARINING SOHALARI. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 2(1), 52-62.



Date: 23<sup>rd</sup> December-2024

23. Yulduz, S. (2024). SYUJETLI-ROLLI OYINLARNING BOLA FAOLIYATIDAGI AHAMIYATI. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 2(1), 44-51.
24. Sobirovna, S. Y. (2024). AESTHETIC EDUCATION AS A TOOL TO LEAD CHILDREN TO PERFECTION. *МЕДИЦИНА, ПЕДАГОГИКА И ТЕХНОЛОГИЯ: ТЕОРИЯ И ПРАКТИКА*, 2(2), 354-367.
25. Yulduz, S. (2024). Estetik tarbiya bolalarni komillikka yetaklovchi vosita sifatida. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 2(2), 95-106.
26. G'aniyevna, P. R. F. (2022, June). МАКТАБГА ТАЙЙОРЛОВ GURUHLARI UCHUN SAVODXONLIKKA O'RGATISH MASHG'ULOTLARIDA, A'HARF-TOVUSHINI O'RGATISH METODIKASI. In *E Conference Zone* (pp. 38-41).
27. Tojiddinovna, I. F. A. (2024). Tarbiya turlari va ularning shaxs kamolotiga ta'siri. *Multidisciplinary Journal of Science and Technology*, 4(2), 429-435.
28. Tajiddinovna, I. F. (2024). Types of education and their impact on personality development. *Multidisciplinary Journal of Science and Technology*, 4(2), 469-475.
29. Tajiddinovna, I. F. A. (2024). THE ISSUE OF EDUCATION IN PRIMARY EDUCATION. *Multidisciplinary Journal of Science and Technology*, 4(3), 615-620.
30. Исомова, Ф. Т. (2024). Виды образования и их влияние на развитие личности. *Multidisciplinary Journal of Science and Technology*, 4(2), 461-468.
31. Tajiddinovna, I. F. A. (2024). FIRST STEP PROGRAM IN PRESCHOOL EDUCATION. *Multidisciplinary Journal of Science and Technology*, 4(3), 609-614.
32. Tojiddinovna, I. F. A. (2024). МАКТАБГАЧА ТА'ЛИМ JARAYONIDA BOLALARNING IJTIMOIIY MOSLASHUVI. *Multidisciplinary Journal of Science and Technology*, 4(3), 590-595.
33. Tojiddinovna, I. F. A. (2024). МАКТАБГАЧА ТА'ЛИМДА "ILK QADAM" DASTURI. *Multidisciplinary Journal of Science and Technology*, 4(3), 603-608.
34. Isomova, F. A. T. Q. (2022). МАКТАБГАЧА TALIM TASHKILOTLARIDA BOLALARNI MAKTAB TA'LIMIGA TAYYORLASHDA NUTQ O'STIRISH MASHG'ULOTLARINING AHAMIYATI. *Oriental renaissance: Innovative, educational, natural and social sciences*, 2(1), 947-949.
35. Akbarovna, I. S. (2023). YOSHLARDA DESTRUKTIV G'OYALARGA QARSHI IMMUNITET HOSIL QILISH OMILLARI.
36. Akbarovna, I. S. (2023). TALABA YOSHLARDA MAFKURA TUSHUNCHASI VA MAFKURAVIY IMMUNITETNI SHAKLLANTIRISH.
37. Ikromova, S. A. (2023). Cognitive processes and their description in psychology. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 1(5), 115-133.
38. Akbarovna, I. S. (2024, April). BOSHLANG'ICH SINFLARDA SINFDAN TASHQARI MASHG 'ULOTLAR. In International conference on multidisciplinary science (Vol. 2, No. 4, pp. 27-32).
39. Akbarovna, I. S. (2024, April). BOSHLANG'ICH TA'LIMDA TA'LIM MASALASI. In International conference on multidisciplinary science (Vol. 2, No. 4, pp. 21-26).
40. Ikromova, S. A. (2023). FACTORS IN THE DEVELOPMENT OF IMMUNITY TO DESTRUCTIVE IDEAS IN ADOLESCENTS. *Innovation in Science, Education and Technology*.





Date: 23<sup>rd</sup> December-2024

41. Ikromova, S. (2023). Formation of ideological immunity to destructive information in teenagers. *Modern science and research*, 2(5), 1009-1014.
42. Ikromova, S. (2023). CONCEPT OF IDEOLOGY AND FORMATION OF IDEOLOGICAL IMMUNITY IN YOUTH STUDENTS. *Modern Science and Research*, 2(6), 1223-1226.
43. Ikromova, S. (2024). PEDAGOGIK TEXNOLOGIYA SHAKLLARI VA MAZMUNI. *Multidisciplinary Journal of Science and Technology*, 4(3), 918-924.
44. Akbarovna, I. S. (2023). Formation of Ideological Immunity to Destructive Information in Adolescents. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 119-122.
45. Akbarovna, I. S. (2024). THE IMPORTANCE OF COMPARATIVE PEDAGOGY IN PRESCHOOL EDUCATION. *MASTERS*, 2(8), 22-27.
46. Akbarovna, I. S. (2024). O'QITUVCHINING KASBIY MALAKALARI. *MASTERS*, 2(8), 15-21.
47. Akbarovna, I. S. (2024). ЗНАЧЕНИЕ СРАВНИТЕЛЬНОЙ ПЕДАГОГИКИ В ДОШКОЛЬНОМ ОБРАЗОВАНИИ. *PSIXOLOGIYA VA SOTSIOLOGIYA ILMIY JURNALI*, 2(7), 14-20.
48. Akbarovna, I. S. (2024). ПРОФЕССИОНАЛЬНЫЕ НАВЫКИ УЧИТЕЛЯ. *PSIXOLOGIYA VA SOTSIOLOGIYA ILMIY JURNALI*, 2(7), 7-13.
49. Akbarovna, I. S. (2024). PROFESSIONAL SKILLS OF THE TEACHER. *WORLD OF SCIENCE*, 7(8), 1-7.
50. Akbarovna, I. S. (2024). МАКТАБГАЧА ТА'ЛИМДА Qiyosiy PEDAGOGIKANING AHAMIYATI. *WORLD OF SCIENCE*, 7(8), 8-13.
51. Akbarovna, I. S. (2024). SPORT O 'YINLARI REJASI ORQALI SOG 'LOM TURMUSH TARZINI SHAKLLANTIRISHNING PSIXOLOGIK OMILLAR. *MASTERS*, 2(5), 91-97.
52. Akbarovna, I. S. (2024). A HEALTHY FAMILY ENVIRONMENT AS A SOCIAL FACTOR IN PREPARING YOUNG PEOPLE FOR FAMILY LIFE. *WORLD OF SCIENCE*, 7(5), 529-535.
53. Akbarovna, I. S. (2024). ЗДОРОВАЯ СЕМЕЙНАЯ СРЕДА КАК СОЦИАЛЬНЫЙ ФАКТОР ПОДГОТОВКИ МОЛОДЕЖИ К СЕМЕЙНОЙ ЖИЗНИ. *MASTERS*, 2(5), 98-104.
54. Ikromova, S. (2024). FORMS AND CONTENT OF PEDAGOGICAL TECHNOLOGY. *Multidisciplinary Journal of Science and Technology*, 4(3), 933-939.
55. Akbarovna, I. S. (2024). MASTERING THE BASICS OF PEDAGOGICAL SKILLS. *Multidisciplinary Journal of Science and Technology*, 4(3), 882-887.
56. Akbarovna, I. S. (2024). ПСИХОЛОГИЧЕСКИЕ ФАКТОРЫ ФОРМИРОВАНИЯ ЗДОРОВОГО ОБРАЗА ЖИЗНИ ЧЕРЕЗ ПЛАН СПОРТИВНЫХ ИГР. *WORLD OF SCIENCE*, 7(5), 521-528.
57. Akbarovna, I. S. (2024). SPORTCHILAR FAOLIYATINI O'RGANISHNING UMUMIY PSIXOLOGIK USULLARI. *WORLD OF SCIENCE*, 7(5), 536-543.
58. Akbarovna, I. S. (2024). PROCEDURE FOR CREATING PSYCHOLOGICAL TEST PROGRAMS. *PEDAGOG*, 7(6), 153-159.



Date: 23<sup>rd</sup> December-2024

59. Икромова, С. (2024). ФОРМЫ И СОДЕРЖАНИЕ ПЕДАГОГИЧЕСКОЙ ТЕХНОЛОГИИ. Multidisciplinary Journal of Science and Technology, 4(3), 925-932.
60. Икромова, С. А. (2024). ОСВОЕНИЕ ОСНОВ ПЕДАГОГИЧЕСКИХ НАВЫКОВ. Multidisciplinary Journal of Science and Technology, 4(3), 894-899.
61. Икромова, С. А. (2024). ВАЖНОСТЬ ФОРМИРОВАНИЯ МАТЕМАТИЧЕСКИХ ПОНЯТИЙ. Multidisciplinary Journal of Science and Technology, 4(3), 906-911.
62. Икромова, С. А. (2023). O'SMIRLARDA DESTRUKTIV AXBOROTLARGA NISBATAN MAFKURAVIY IMMUNITET HOSIL BO'LISHINING O'ZIGA XOS PSIXOLOGIK XUSUSIYATLARI: Ikromova Sitora Akbarovna Osiyo xalqaro universiteti assistenti. Образование и инновационные исследования международный научно-методический журнал, (10), 333-336.
63. Ikromova, S., & Ziyodullayeva, M. (2024). DEVIANT XULQ-ATVOR. Modern Science and Research, 3(11), 576-579.
64. Икромова, С., & Джумаева, Ф. (2024). ОРИЕНТИРЫ ОБРАЗОВАНИЯ В УЗБЕКИСТАНЕ И В ДРУГИХ СТРАНАХ. Modern Science and Research, 3(11), 540-546.
65. Икромова, С. А. (2024). ОСНОВЫ ПСИХОЛОГИЧЕСКОЙ СЛУЖБЫ. PSIXOLOGIYA VA SOTSIOLOGIYA ILMIY JURNALI, 2(4), 47-53.

