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## MOTIVATSIYA VA TA'LIM JARAYONI

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**Annotatsiya:** Mazkur maqolada motivatsiyaning ta'lim jarayonidagi o'rni va ahamiyati tahlil qilinadi. Motivatsiyaning turlari, uning o'quvchilarning o'zlashtirish darajasiga ta'siri va ta'lim sifatini oshirishda motivatsion yondashuvlarning samaradorligi haqida batafsil ma'lumot beriladi. Shuningdek, motivatsiyani shakllantirish va qo'llab-quvvatlash bo'yicha tavsiyalar keltiriladi.

**Kalit so'zlar:** Motivatsiya, ta'lim jarayoni, ichki motivatsiya, tashqi motivatsiya, o'quv faoliyati, pedagogik yondashuvlar.

**Abstract:** This article analyzes the role and importance of motivation in the educational process. Types of motivation, its impact on student achievement, and the effectiveness of motivational approaches in improving the quality of education are detailed. Recommendations for motivation formation and support are also given.

**Key words:** Motivation, educational process, internal motivation, external motivation, educational activity, pedagogical approaches.

**Kirish** Ta'lim jarayoni faqat bilim va ko'nikmalarni berishdan iborat bo'lmay, balki o'quvchilarni faol va qiziqarli ishtirokchilar sifatida shakllantirishni ham o'z ichiga oladi. Bunda motivatsiya asosiy omil hisoblanadi. Motivatsiya o'quvchilarning o'qishga bo'lgan qiziqishini uyg'otib, ularni o'zlashtirish jarayoniga faol jalb etadi. Shu sababli, ta'lim jarayonida motivatsion yondashuvlarni ishlab chiqish va amalga oshirish muhim ahamiyatga ega.

### Asosiy qism

- Motivatsiyaning ta'rifi va turlari:**
  - Ichki motivatsiya:** O'quvchining o'zi uchun qiziqarli va ahamiyatli bo'lgan maqsadlarni amalga oshirishga bo'lgan ichki istagi.
  - Tashqi motivatsiya:** Rag'batlantirish vositalari, masalan, mukofotlar, baholar yoki tan olinish orqali ta'sir ko'rsatish.
- Motivatsiyaning ta'lim jarayoniga ta'siri:**
  - Motivatsiya yuqori bo'lgan o'quvchilar materialni yaxshiroq o'zlashtiradi.
  - Qiziqishning pasayishi o'quvchilarni passivlashtiradi va ularning bilim olish jarayonidagi ishtirokini kamaytiradi.
  - Ichki motivatsiyaga ega o'quvchilar mustaqil o'rganishga moyil bo'ladi.
- Motivatsiyani shakllantirish usullari:**
  - Shaxsiylashtirilgan yondashuv:** Har bir o'quvchining qiziqishlarini aniqlash va ularga mos darslarni tashkil etish.
  - Rag'batlantirish:** Mukofotlar va tan olinish orqali o'quvchilarning yutuqlarini qadrlash.



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○ **O'quv materialining qiziqarli bo'lishi:** Interaktiv metodlardan foydalanish, masalan, o'yinlar va muammolarni yechish.

**Metod va materiallar** Mazkur tadqiqotda analitik va empirik metodlardan foydalanildi. Ta'lim jarayonidagi motivatsiya darajasini baholash uchun so'rovnomalar va kuzatuvlar o'tkazildi. Shuningdek, motivatsiyani oshirishga qaratilgan treninglar va tajribasinov darslari tashkil etildi. Olingan natijalar statistik tahlil qilindi va samaradorlik darajasi baholandi.

#### **Taklif va tavsiyalar**

1. Ta'lim jarayonida ichki motivatsiyani rivojlantirishga alohida e'tibor qaratish lozim.
2. O'quvchilar uchun qiziqarli va maqsadga yo'naltirilgan mashg'ulotlar tashkil etish zarur.
3. Pedagoglar motivatsion treninglar va seminarlar orqali o'z malakasini oshirishi kerak.
4. Rag'batlantirish tizimini ishlab chiqishda o'quvchilarning individual ehtiyojlarini hisobga olish lozim.

**Xulosa** Motivatsiya ta'lim jarayonining ajralmas qismi bo'lib, uning samaradorligini oshirishda hal qiluvchi rol o'ynaydi. O'quvchilarni ichki va tashqi motivatsiya orqali qo'llab-quvvatlash, ularda mustaqil o'rganish ko'nikmalarini rivojlantirish va qiziqarli ta'lim muhiti yaratish muhimdir. Ushbu maqolada keltirilgan yondashuvlar va tavsiyalar ta'lim jarayonida motivatsiya darajasini oshirishga yordam beradi.

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