

Date: 9th December-2024

TA'LIMDA KOMMUNIKATSIYA VA MULOQOT PSIXOLOGIYASI

Azizova Dinara Rahmiddinovna
Osiyo xalqaro universiteti o'qituvchisi

Annotatsiya Mazkur maqolada ta'lim jarayonida kommunikatsiya va muloqotning psixologik asoslari tahlil qilinadi. O'qituvchi va o'quvchi o'rtasidagi samarali muloqotning ta'lim samaradorligiga ta'siri, kommunikatsiya jarayonidagi muammolar va ularni hal etish usullari haqida batafsil ma'lumot beriladi. Shuningdek, kommunikatsiya ko'nikmalarini rivojlantirish bo'yicha amaliy tavsiyalar keltiriladi.

Kalit so'zlar: Kommunikatsiya, muloqot psixologiyasi, ta'lim jarayoni, o'qituvchi, o'quvchi, interaktiv metodlar.

Abstract This article analyzes the psychological foundations of communication and dialogue in the educational process. The impact of effective communication between the teacher and the student on the effectiveness of education, problems in the communication process and ways to solve them are given in detail. Practical recommendations for developing communication skills are also given.

Key words: Communication, communication psychology, educational process, teacher, student, interactive methods.

Kirish Ta'lim jarayonining muvaffaqiyati ko'p jihatdan o'qituvchi va o'quvchi o'rtasidagi samarali muloqotga bog'liq. Kommunikatsiya faqat axborot almashinuvi emas, balki bilim va tajriba o'zlashtirish, emotsional aloqalarni mustahkamlash vositasidir. Ushbu maqola ta'limda kommunikatsiyaning psixologik ahamiyatini ochib berish, mavjud muammolarni aniqlash va ularni hal qilish bo'yicha tavsiyalarni taklif etishga qaratilgan.

Asosiy qism

1. **Kommunikatsiyaning ta'limdagi ahamiyati:**

- o Bilimlarni samarali yetkazish va tushunish jarayonining asosi.
- o O'quvchilarning faolligini oshirish va o'qituvchiga ishonchni shakllantirish.
- o Ijtimoiy ko'nikmalarni rivojlantirish va o'quv muhitini yaxshilash.

2. **Kommunikatsiya jarayonidagi muammolar:**

- o Axborotning noto'g'ri tushunilishi yoki buzilishi.
- o O'qituvchi va o'quvchi o'rtasidagi emotsional to'siqlar.
- o Muloqotdagi bir tomonlama yondashuvning samaradorlikni pasaytirishi.

3. **Samarali kommunikatsiya usullari:**

- o **Faol tinglash:** O'quvchilarning fikrlarini tinglash va ularga javob qaytarish.
- o **Interaktiv metodlar:** Guruh muhokamalari, rolli o'yinlar va savol-javoblar orqali muloqotni faollashtirish.

o **Verbal va nonverbal muloqot:** Tana tili, ovoz ohangi va mimika orqali qo'shimcha axborot yetkazish.

Metod va materiallar Mazkur maqola uchun nazariy adabiyotlar tahlili, so'rovnoma va kuzatuv metodlari qo'llanildi. Kommunikatsiya jarayonining



Date: 9th December-2024

samaradorligini baholash uchun o'quvchilardan fikr-mulohazalar yig'ildi va o'qituvchilarning dars jarayonidagi muloqot strategiyalari kuzatildi. Olingan natijalar asosida samarali usullar ishlab chiqildi.

Taklif va tavsiyalar

1. O'qituvchilar uchun kommunikatsiya ko'nikmalarini rivojlantirish bo'yicha treninglar tashkil etish.
2. Ta'lim jarayonida o'quvchilarni faol muloqotga jalb qiluvchi interaktiv metodlardan foydalanish.
3. Kommunikatsiyada noverbal signallarning ahamiyatini oshirish va ulardan samarali foydalanish.
4. Muloqotdagi to'siqlarni aniqlash va ularni bartaraf etish strategiyalarini ishlab chiqish.

Adabiyotlar sharhi Kommunikatsiya va muloqot psixologiyasi bo'yicha zamonaviy tadqiqotlar ta'lim jarayonida samarali aloqaning ahamiyatini tasdiqlaydi. Masalan, Vygotskiyning ijtimoiy o'rganish nazariyasi kommunikatsiyaning bilim almashishdagi markaziy rolini ta'kidlaydi. Shuningdek, Rogersning insonparvarlik yondashuvi o'qituvchi va o'quvchi o'rtasidagi emotsional aloqaning ahamiyatini ochib beradi.

Xulosa Ta'limda kommunikatsiya va muloqot samaradorligi o'qituvchi va o'quvchi o'rtasidagi aloqaning sifatiga bog'liq. Samarali kommunikatsiya ta'lim jarayonini yaxshilash, o'quvchilarning bilim olishga bo'lgan qiziqishini oshirish va emotsional muhitni yaxshilashga xizmat qiladi. Ushbu maqolada keltirilgan tavsiyalar va usullar o'qituvchilarga ta'lim jarayonida kommunikatsiyani muvaffaqiyatli tashkil etishda yordam beradi.

ADABIYOTLAR:

1. Hojiyeva Nasiba Bahodirovna. (2024). Ta'lim jarayonida boshlang'ich sinflarda texnologiya fanini o'qitish muammosining yoritilish mazmuni. TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN, 2(1),200–206.
2. Hojiyeva Nasiba Bahodirovna. (2024). THE SIGNIFICANCE OF EDUCATIONAL TRAINING IN PRIMARY CLASSES. МЕДИЦИНА, ПЕДАГОГИКА И ТЕХНОЛОГИЯ: ТЕОРИЯ И ПРАКТИКА, 2(2), 439–447.
3. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA ONA TILI O'QITISH METODIKASI FANINING METODOLOGIK VA ILMIY ASOSLARI.
4. Hojiyeva, N. (2023). METHODS OF TEACHING MOTHER TONGUE IN PRIMARY CLASSES SCIENTIFIC AND METHODOLOGICAL BASIS. Modern Science and Research, 2(9), 424-428.
5. Hojiyeva, N. (2023). THE SUBJECT AND TASKS OF THE METHOD OF TEACHING THE MOTHER TONGUE IN PRIMARY GRADES. Modern Science and Research, 2(10), 855-857.
6. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA ONA TILI O'QITISH METODIKASI FANINING PREDMETI VA VAZIFALARI.



Date: 9th December-2024

7. Bahodirovna, H. N. (2023). TA'LIM JARAYONIDA BOSHLANG'ICH SINFLARDA TEXNOLOGIYA FANINI O 'QITISH MUAMMOSINING YORITILISH MAZMUNI. *PEDAGOGS* jurnali, 1(1), 209-209.
8. Bahodirovna, H. N. (2023). Methodological Foundations of Teaching the Science of" Education" in Primary Grades. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(9), 369-372.
9. Hojiyeva, N. B. (2023). MODERN METHOD IN TEACHING MOTHER LANGUAGE LESSONS-USING THE CACOGRAPHY METHOD. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 434-439.
10. Bahodirovna, H. N. (2024). DEVELOPMENT OF FUTURE PRIMARY SCHOOL TEACHERS BASED ON EDUCATIONAL COMPETENCIES. *Multidisciplinary Journal of Science and Technology*, 4(4), 203-208.
11. Bahodirovna, H. N. (2024). AND ESSENCE OF THE EDUCATIONAL PROCESS. *Multidisciplinary Journal of Science and Technology*, 4(3), 328-333.
12. Bahodirovna, H. N. (2023). Prognosis of Placental Insufficiency in Pregnant Women Treated for Coronavirus. *Eurasian Medical Research Periodical*, 20, 228-236.
13. Bahodirovna, H. N. (2023). BOSHLANG'ICH SINFLARDA TARBIYA FANINI O'QITISHNING ASOSIY METOD VA VOSITALARI. *TECHNICAL SCIENCE RESEARCH IN UZBEKISTAN*, 1(5), 332-338.
14. Hojiyeva, N. B. (2023). INCREASING THE INTEREST OF STUDENTS IN THE PROCESS OF TEACHING TECHNOLOGY IN PRIMARY GRADES. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 430-433.
15. Muhammedovna, T. M., & Bahodirovna, H. N. (2022). Methods and Means of Forming Technological Skills of Primary School Students. *AMERICAN JOURNAL OF SCIENCE AND LEARNING FOR DEVELOPMENT*, 1(2), 139-144.
16. Dinara, A. (2024). O'SMIRLARNING RIVOJLANISHIGA SALBIY TA'SIR KO'RSATUVCHI IJTIMOYIY VA PSIXOLOGIK OMILLAR VA ULARNI BARTARAF ETISH. *PEDAGOGIK TADQIQOTLAR JURNALI*, 2(1), 165-170.
17. Kamilovna, R. N. (2021). Coaching approach at a mathematics lesson in grade 3 in the educational structure "equal partner". *Asian Journal of Multidimensional Research (AJMR)*, 10(1), 228-234.
18. Rajabova, N., & Fayziyeva, D. (2021). FOLKLORISM IN THE WORKS OF DILSHOD RAJAB. In *АКТУАЛЬНЫЕ ВОПРОСЫ СОВРЕМЕННОЙ НАУКИ И ОБРАЗОВАНИЯ* (pp. 212-214).
19. Rajabova, N. (2023). BO'LAJAK BOSHLANG'ICH SINF O'QITUVCHILARINING TADQIQOTCHILIK KO'NIKMALARINI RIVOJLANTIRISH. *ЦЕНТР НАУЧНЫХ ПУБЛИКАЦИЙ (buxdu. uz)*, 27(27).
20. Rajabova, N. (2022). BO „LAJAK BOSHLANG „ICH SINF O „QITUVCHILARINING TADQIQOTCHILIK FAOLIYATINI TAKOMILLASHTIRISHGA TA“ SIR ETUVCHI OMILLAR. *ЦЕНТР НАУЧНЫХ ПУБЛИКАЦИЙ (buxdu. uz)*, 19(19).



Date: 9thDecember-2024

21. Komilovna, R. N. (2021). Methods and Tools of Educational Technologies in the Formation of the Concept of Figure Face in Students. *European Scholar Journal*, 2(4), 80-84.
22. Komilovna, R. N. (2021). Methods and Tools of Educational Technologies in the Formation of the Concept of Figure Face in Students. *European Scholar Journal*, 2(4), 80-84.
23. [Pedagogical Conditions for Improving Research Activity in Future Primary School Teachers](#) KN Radzabova - International Journal of Human Computing Studies, 2021
24. RAJABOVA, N. BOSHLANG'ICH SINIF MATEMATIKA DARSLIKLARIDAGI MISOLLAR YECHISH JARAYONIDA O'QUVCHILAR TOMONIDAN YO'L QO'YILADIGAN AYRIM XATOLAR VA ULARNI BARTARAF ETISH. *EDAGOGIK AHORAT*, 54.
25. RAJABOVA, N. BOSHLANG'ICH SINIF MATEMATIKA DARSLIKLARIDAGI MISOLLAR YECHISH JARAYONIDA O'QUVCHILAR TOMONIDAN YO'L QO'YILADIGAN AYRIM XATOLAR VA ULARNI BARTARAF ETISH. *EDAGOGIK AHORAT*, 54.
26. Rasulova, N., Mukhamedova, N., Djalilova, G., Kariyeva, M., Rajabova, N., & Yarova, S. (2023). Structural elements of didactic skills of educators in the educational process: theoretical and methodological approaches and principles. In *BIO Web of Conferences* (Vol. 65, p. 10008). EDP Sciences.
27. Nodirabegim, R. (2024). BOSHLANG 'ICH TA'LIMDA MATEMATIKA DARSLARINI TASHKIL ETISHNING YONDASHUVI. *ZAMONAVIY TA'LIM TIZIMINI RIVOJLANTIRISH VA UNGA QARATILGAN KREATIV G'OYALAR, TAKLIFLAR VA YECHIMLAR*, 7(73), 182-184.
28. Akmalovna, N. P., & Komilovna, R. N. (2023). BOSHLANG'ICH SINIF DARSLARINI TASHKIL QILISHDA ZAMONAVIY TEXNOLOGIYALARNING AHAMIYATI. *O'ZBEKISTONDA FANLARARO INNOVATSIYALAR VA ILMIY TADQIQOTLAR JURNALI*, 2(25), 95-97.
29. Komilovna, R. N. (2023). BO'LAJAK BOSHLANG'ICH SINIF O'QITUVCHILARI TADQIQOTCHILIK FAOLIYATINI TAKOMILLASHTIRISH MODEL. *JOURNAL OF INNOVATIONS IN SCIENTIFIC AND EDUCATIONAL RESEARCH*, 6(6), 283-288.
30. Akmalovna, N. P., & Komilovna, R. N. (2023). INTERAKTIV YONDASHUV ASOSIDA BOSHLANG'ICH TA'LIMDA ALOQADORLIKNI TAKOMILLASHTIRISH METODIKASI. *Научный Фокус*, 1(3), 261-263.
31. Komilovna, R. N. (2023). ONA TILI VA SAVODXONLIK DARSLARIDA O'QUVCHILARNING LINGVISTIK QOBILYATLARINI RIVOJLANTIRISH. *Scientific Impulse*, 1(10), 1423-1426.
32. Komilovna, R. N. (2023). FACTORS THAT IMPROVE RESEARCH ACTIVITY OF FUTURE PRIMARY CLASS TEACHERS. *JOURNAL OF EDUCATION, ETHICS AND VALUE*, 2(5), 78-82.
33. Rajabova, N., & Ochilov, I. (2023, March). SOME ISSUES ON THE ASSESSMENT OF THE VALUE OF PROVISIONS AND CONTINGENT LIABILITIES. In *Proceedings of International Conference on Scientific Research in Natural and Social Sciences* (Vol. 2, No. 4, pp. 29-33).



Date: 9th December-2024

34. Rajabova, N. (2023). БЎЛАЖАК БОШЛАНГИЧ СИНФ ЎҚИТУВЧИЛАРИНИНГ ТАДҚИҚОТЧИЛИК КЎНИКМАЛАРИНИ РИВОЖЛАНТИРИШ ИЖТИМОЙ ЗАРУРАТ СИФАТИДА. *ЦЕНТР НАУЧНЫХ ПУБЛИКАЦИЙ (buxdu. uz)*, 28(28).
35. Rajabova, N. (2023). ВО ‘LAJAK BOSHLANG ‘ICH SINF O ‘QITUVCHILARI TADQIQOTCHILIK KO ‘NIKALARINI TAKOMILLASHTIRISH MODELI. *ЦЕНТР НАУЧНЫХ ПУБЛИКАЦИЙ (buxdu. uz)*, 27(27).
36. Rajabova Nodirabegim, K. (2022). Stimulating Research Activities in Improving the Research Skills of Future Primary School Teachers. *International Journal of Trend in Scientific Research and Development*, 16-18.
37. Rajabova, N. K. Pedagogical Conditions for Improving the Research Activities of Future Primary School Teachers.
38. Rajabova, N., & Rajabova, L. Boshlangich sinf oqish darsliklarida istiqloq davri bolalar she’riyati ifodasi. *Образование*, 20(21), 22.
39. Икромова, С. А. (2024). ЭТАПЫ РАЗВИТИЯ ПСИХОЛОГИИ В ЖИЗНИ ЧЕЛОВЕКА. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 26-31.
40. Ikromova, S. A. (2024). INTELLEKT VA IQBOL: KOGNITIV PSIXOLOGIYA. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 99-104.
41. Икромова, С. А. (2024). ОСНОВНЫЕ ОБЩИЕ ПОНЯТИЯ И ОСНОВНЫЕ НАПРАВЛЕНИЯ ПСИХОЛОГИИ. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 20-25.
42. Икромова, С. А. (2024). ПСИХОЛОГИЧЕСКОЕ РАЗВИТИЕ МОЛОДЕЖИ И ПСИХОЛОГИЧЕСКИЕ КРИЗИСЫ. New modern researchers: modern proposals and solutions, 1(2), 29-35.
43. Икромова, С. А. (2024). ПОЗНАВАТЕЛЬНЫЕ ПРОЦЕССЫ И ПАМЯТЬ ЧЕЛОВЕКА. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 59-65.
44. Ikromova, S. A. (2024). PSIXOLOGIK SALOMATLIK VA UNING JAMIYATDAGI ROLI. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 93-98.
45. Икромова, С. А. (2024). КОНСУЛЬТИРОВАНИЕ И ТЕРАПИЯ ЛЮДЕЙ В СОЦИАЛЬНОЙ СРЕДЕ. New modern researchers: modern proposals and solutions, 1(2), 8-14.
46. Икромова, С. А. (2024). ОТВЕТСТВЕННОСТЬ ПСИХОЛОГА. New modern researchers: modern proposals and solutions, 1(2), 63-68.
47. Икромова, С. А. (2024). ПСИХОЛОГИЧЕСКИЕ ПРОБЛЕМЫ И ИХ РЕШЕНИЯ. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 46-52.
48. Ikromova, S. A. (2024). PSIXOLOGIK YORDAMNING ASOSIY USULLARI: MASLAHATLASHUV VA TERAPIYA. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 87-92.
49. Ikromova, S. A. (2024). EMOTSIYALAR VA ULARNING PSIXOLOGIK TA’SIRI. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 105-110.



Date: 9th December-2024

50. Ikromova, S. A. (2024). PSIXOLOGIK MUAMMOLAR VA ULARNING DAVOLASH USULLARI. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 75-80.
51. Икромова, С. А. (2024). ЭМОЦИИ И ИХ ПСИХОЛОГИЧЕСКИЕ ЭФФЕКТЫ. New modern researchers: modern proposals and solutions, 1(2), 49-55.
52. Ikromova, S. A. (2024). SHAXSIYAT PSIXOLOGIYASI VA UNING SHAKLLANISHI. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 62-67.
53. Икромова, С. А. (2024). ФРЕЙД И ЕГО ВКЛАД В НАУКУ ПСИХОЛОГИЯ. New modern researchers: modern proposals and solutions, 1(2), 43-48.
54. Ikromova, S. A. (2024). KOGNITIV PSIXOLOGIYA: BILISH JARAYONLARI VA XOTIRA. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 81-86.
55. Икромова, С. А. (2024). ЭМОЦИОНАЛЬНЫЕ ОПЫТЫ ЧЕЛОВЕКА И ПРОЦЕСС НИМИ УПРАВЛЕНИЯ. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 14-19.
56. Икромова, С. А. (2024). ПОВЕДЕНИЕ ЧЕЛОВЕКА И ВНУТРЕННЯЯ МОТИВАЦИЯ. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 8-13.
57. Икромова, С. А. (2024). ОСНОВЫ ПСИХОЛОГИЧЕСКОГО ЗДОРОВЬЯ. New modern researchers: modern proposals and solutions, 1(2), 22-28.
58. Икромова, С. А. (2024). РАЗЛИЧИЯ В МУЖСКОЙ И ЖЕНСКОЙ ПСИХОЛОГИИ. New modern researchers: modern proposals and solutions, 1(2), 1-7.
59. Ikromova, S. A. (2024). STRESS VA UNING PSIXOLOGIK TA'SIRI. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 68-74.
60. Икромова, С. А. (2024). ПСИХОЛОГИЯ РАЗВИТИЯ ОТ ДЕТСТВА ДО ВЗРОСЛОСТИ. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 1-7.
61. Ikromova, S. A. (2024). PSIXOLOGIK REABILITATSIYA VA MUAMMOLI SHAXSLAR BILAN ISHLASH. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 111-116.
62. Икромова, С. А. (2024). ГРУППЫ И СОЦИАЛЬНОЕ ВЛИЯНИЕ ЛЮДЕЙ В СОЦИАЛЬНОЙ СРЕДЕ R. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 32-38.
63. Икромова, С. А. (2024). ПСИХОЛОГИЧЕСКАЯ РЕАБИЛИТАЦИЯ, ПСИХОЛОГИЧЕСКАЯ ПОДДЕРЖКА И ВОССТАНОВИТЕЛЬНЫЕ ПРОЦЕССЫ. New modern researchers: modern proposals and solutions, 1(2), 56-62.
64. Икромова, С. А. (2024). ПСИХОЛОГИЯ ЛИЧНОСТИ И ВНУТРЕННИЙ МИР ЧЕЛОВЕКА. Introduction of new innovative technologies in education of pedagogy and psychology, 1(3), 53-58.
65. Ikromova, S. A. (2024). TUG'ISH VA OTA-ONA BO'LISHNING PSIXOLOGIK ASOSI. Problems and solutions at the stage of innovative development of science, education and technology, 1(2), 117-122.

