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## IQTIDORLI BOLALAR BILAN ISHLASH PSIXOLOGIYASI

Azizova Dinara Rahmiddinovna  
Osiyo xalqaro universiteti o'qituvchisi

**Annotatsiya** Mazkur maqolada iqtidorli bolalar bilan ishlashning psixologik asoslari, ularning rivojlanish xususiyatlari va ta'lim jarayonida ularga mos yondashuvlar haqida so'z yuritiladi. Iqtidorli bolalarning psixologik ehtiyojlarini aniqlash, ularni qo'llab-quvvatlash usullari va samarali pedagogik strategiyalar ko'rib chiqiladi. Shuningdek, iqtidorli bolalar bilan ishlashda duch kelinadigan muammolar va ularning yechimlari muhokama qilinadi.

**Kalit so'zlar:** Iqtidorli bolalar, psixologik xususiyatlar, ta'lim jarayoni, individual yondashuv, kreativlik, qo'llab-quvvatlash.

**Abstract:** This article discusses the psychological foundations of working with gifted children, their developmental characteristics, and appropriate approaches to them in the educational process. Identifying the psychological needs of gifted children, methods of their support and effective pedagogical strategies are considered. Also, problems encountered in working with gifted children and their solutions are discussed.

**Key words:** Gifted children, psychological characteristics, educational process, individual approach, creativity, support.

**Kirish** Iqtidorli bolalar jamiyatning intellektual salohiyatini oshirishda muhim rol o'ynaydi. Ular o'zining yuqori darajadagi qobiliyati, kreativ fikrlash qobiliyati va yangi bilimlarni tez o'zlashtirish qobiliyati bilan ajralib turadi. Shu bilan birga, iqtidorli bolalar bilan ishlash murakkab va nozik jarayon bo'lib, ularning psixologik ehtiyojlarini chuqur tushunishni talab etadi. Ushbu maqola iqtidorli bolalar bilan ishlashda muvaffaqiyatga erishish uchun zarur bo'lgan psixologik va pedagogik yondashuvlarni o'rganishga bag'ishlangan.

### Asosiy qism

#### 1. Iqtidorli bolalarning psixologik xususiyatlari:

- Tez fikrlash va yuqori darajadagi qiziqish.
- Yangi bilimlarni o'zlashtirishga bo'lgan yuqori motivatsiya.
- Mustaqil o'rganish va ijodkorlikka moyillik.
- Ba'zan ijtimoiy muhitga moslashishda qiyinchiliklar.

#### 2. Iqtidorli bolalar bilan ishlashning muhim jihatlari:

○ **Individual yondashuv:** Har bir bolaning qobiliyatlari va ehtiyojlariga mos ta'lim dasturlarini ishlab chiqish.

○ **Rag'batlantirish:** Iqtidorni rivojlantirish uchun qulay muhit yaratish va ularga muvaffaqiyatlarini qadrlash imkonini berish.

○ **Psixologik qo'llab-quvvatlash:** Bolalarning emotsional va ijtimoiy ehtiyojlarini qondirish.

#### 3. Ta'lim jarayonida iqtidorli bolalar uchun mos usullar:



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○ **Kreativ metodlar:** Muammoli vaziyatlarni hal qilish va loyihalar asosida o'qitish.

○ **Qiziqarli mashg'ulotlar:** O'quv materiallarini chuqur va kengaytirilgan shaklda o'rganish.

○ **Guruh ishlari:** Ijtimoiy ko'nikmalarni rivojlantirish uchun jamoaviy loyihalar.

4. **Iqtidorli bolalar bilan ishlashda duch kelinadigan muammolar:**

○ O'ta yuqori talablar natijasida stress va xavotir.

○ O'quv dasturlarining mos kelmasligi.

○ Jamoadagi tengdoshlar bilan munosabatda qiyinchiliklar.

5. **Muammolarni bartaraf etish bo'yicha tavsiyalar:**

○ O'qituvchilar va ota-onalar o'rtasida samarali hamkorlikni yo'lga qo'yish.

○ Moslashtirilgan ta'lim dasturlarini ishlab chiqish.

○ Bolalarning qiziqishlarini qo'llab-quvvatlash va ularga o'z qobiliyatlarini namoyish qilish uchun imkoniyat yaratish.

**Metod va materiallar** Ushbu maqolada nazariy tahlil va amaliy kuzatuv usullari qo'llanildi. Iqtidorli bolalar bilan ishlashda qo'llanilgan pedagogik yondashuvlar va psixologik qo'llab-quvvatlash metodlari o'rganildi. Shuningdek, iqtidorli bolalar va ularning ota-onalari bilan suhbatlar o'tkazildi va ularning fikrlari tahlil qilindi.

**Taklif va tavsiyalar**

1. Iqtidorli bolalar uchun maxsus ta'lim dasturlarini ishlab chiqish va amaliyotga joriy etish zarur.

2. O'qituvchilar uchun iqtidorli bolalar bilan ishlash bo'yicha malaka oshirish kurslarini tashkil etish lozim.

3. Ijtimoiy muhitga moslashishda yordam berish uchun psixologik treninglar o'tkazish tavsiya etiladi.

4. Bolalarning individual ehtiyojlarini hisobga olgan holda ta'lim jarayonini moslashtirish kerak.

**Xulosa** Iqtidorli bolalar bilan ishlash psixologiyasi ta'lim tizimining muhim yo'nalishlaridan biridir. Ularning intellektual va ijodiy qobiliyatlarini rivojlantirish jamiyat uchun katta ahamiyatga ega. Ushbu maqolada keltirilgan yondashuvlar va tavsiyalar iqtidorli bolalar bilan ishlash jarayonini samarali tashkil etishga yordam beradi.

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